



# Multicultural Beach Program

Life Saving Victoria's Multicultural Beach Program practically educates participants on life saving techniques and water safety messages.

Qualified instructors, trained in multicultural education, conduct a variety of activities designed and tailored for multicultural groups.

Sessions typically run for 3 hours, or can be customised for your request.

#### Activities include:

- Water Safety Presentation
- Board paddling skills
- Rescue techniques
- Lifejacket use
- Snorkelling
- Soccer
- Cricket
- Beach Flags



#### Eligible groups:

- Schools
- Community Groups
- English Language Centres
- Universities
- With at least 85% CALD make-up
- High swimming ability not required

To request to book a program, please fill in [this online form](#)

Or, contact Life Saving Victoria Multicultural Department at:

- [multicultural@lsv.com.au](mailto:multicultural@lsv.com.au)
- 9676 6921 — Blair Morton
- 9676 6973 — David Holland





# Meet a Lifeguard

The Multicultural Meet a Lifeguard program is an interactive session designed to educate multicultural students and community groups about how to be safe around water.

The incursion is conducted by a qualified lifeguard trained in multicultural education, and is tailored to suit the cultural and language requirements of each group.

Sessions typically run for 30—60 Minutes, to accommodate timetables.

#### Topics covered include:

- Aquatic environments
- Role of Lifesavers
- Swimming between the flags
- Dangers
- Rip currents
- How to get help



#### Eligible groups:

- Schools
- Community Groups
- English Language Centres
- Universities
- With at least 85% CALD make-up

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