INNER CITY NEWS

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Grazing goats help sunbaking skinks! Photo by Murray Enders A herd of goats, supplied by Graze Away Goats owner Colin Arnold (pictured) is spending winter in Royal Park to munch down the weeds that hamper the home of the significant White's Skink population which has called Royal Park home for more than 20 years. Continued on page 8.

Historic Curtin Hotel up for state heritage protection in "landmark decision"

WORDS BY Brendan Rees HERITAGE

Carlton's historic The Curtin Hotel is a step closer in being saved from the developer's wrecking ball after the building was recommended for inclusion on the Victorian Heritage Register.

Following a joint nomination earlier this year from the Victorian Trades Hall Council (VTHC) and the National Trust of Australia, Heritage Victoria recommended the 160-year-old pub be placed on the register "as a place of state-level cultural heritage significance".

The milestone move comes as the pub was sold to an offshore developer in April, prompting fears the popular watering hole, which was attended by former Prime Minister Bob Hawke, could be lost forever.

The heritage listing, if granted, would make it virtually "impossible" for the owner to redevelop the site, according to the VTHAC's state secretary Luke Hilakari, who has been steadfast in his campaign to protect the venue, which was named after wartime Labor Prime Minister John Curtin.

"This is an important collective win and a vital step to prevent precious historical buildings from being flattened by developers who want to spin a dollar at the community's expense," he said.

The Heritage Council of Victoria, an independent body, will make a final decision on the recommendation which will be advertised for 60 days from July 22, during which anyone can make a submission.

Continued on page 2.

"Heritage is ignored": Growing concerns for Melbourne General Cemetery's "barren" state

Community members are calling on the state government to provide urgent support to protect Melbourne General Cemetery's heritage, as the cemetery's trustee pledges to "invest in planting and amenity".

WORDS BY Carol Saffer HERITAGE

Save Our Cemetery (SOC), a community group of inner-city residents, wants to conserve the Melbourne General Cemetery's heritage.

The group's president Liz Airdsaid the cemetery itself was in was in dis-

"The land is now barren with a lack of flora, except for some original cypress trees and relatively few other bushes and trees, amounting to a tree canopy coverage of eight per cent of the 43-hectare grounds," Ms Aird

SOC wants to highlight the cemetery's current condition and lobby to fund a master plan to accommodate its needs in the 21st century.

It was the first cemetery in Victoria designed as a public park, with curved pathways, trees and shrubs, gate lodges and rest pavilions.

Melbourne General Cemetery (MGC) is larger than the Royal Botanic Gardens in South Yarra, which at 38 hectares has a tree canopy cover of 52 per cent.

In its recent 2022-23 budget, the City of Melbourne included \$1.8 million for the annual tree planting program to deliver 2400 new trees across the municipality.

As the city's green canopy will be vital in efforts to mitigate the effects of climate change, the council plans to increase canopy cover from the current 22 per cent to to 40 per cent by 2040.

The Victorian Department of Health oversees MGC's administration conducted by the Southern Metropolitan Cemeteries Trust (SMCT).

SMCT is a community-based, notfor-profit organisation responsible for nine cemetery and memorial park locations within Victoria. According to the *Cemeteries Act* 2003, the SMCT is responsible for maintaining the cemetery to "community standards."

Ms Aird said that MGC's eight per cent canopy coverage makes a mockery of the grand vision of the original garden cemetery design.

"There appears to be a lack of will or funds to maintain and improve the sad state of the cemetery, especially in its northern area," Ms Aird said.

She said one of the eight historic rotundas designed to provide shade for visitors, built in 1886, was sold in 2011 for a price of around \$155,000.

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Murchison Square put on the backburner



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Police operation clamps down on Carlton crime



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Happy 30th birthday to Cinema Nova



HERITAGE, PAGE 14

Mary MacKillop centre leaves lasting legacy



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The deadline for the September edition is August 25.

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Historic Curtin Hotel up for state heritage protection in "landmark decision"

Continued from page 1.

If successful, the owner would be legally required protect and maintain the property in line with its heritage values.

Mr Hilakari said this would mean the whole building would not be able to be altered including the interior and its grand timber bar.

"It's a really great outcome, we're pretty excited," he said.

In terms of the owner applying to redevelop the site, Mr Hilakari said they would have to do "something that is sympathetic to the heritage register's status. I think they would really struggle".

"My message to the international developer is maybe it's time to sell this pub. You want to build more apartments? Well, that isn't going to happen."

National Trust of Australia (Victoria) executive manager of advocacy Felicity Watson said while there was "still a long way to go", Heritage Victoria's recommendation was "a really significant milestone in our campaign to save this building".

Ms Watson said it was vital to protect The Curtin, not only for its historical importance but for its ongoing role as a meeting place for the labour movement, and one of Melbourne's most important live music venues.

"Certainly, the owner may object to the recommendation, but what I would say is that the recommendation is based on very rigorous research based on the history of this building, also into its cultural and social significance," she said.

"In making their assessment, Heritage Victoria not only looked at the building itself, but analysed social media and hundreds of petition comments to understand the cultural significance of the John Curtin Hotel to the community."

If the owner objected, Ms Watson said a hearing would be conducted by the Heritage



▲ L-R: Luke Hilakari, Felicity Watson and Deputy Lord Mayor Nicholas Reece.

Council which would be an "opportunity for everyone to come together and put their arguments forward" with a "decision based on the evidence that they hear".

That said, Ms Watson added she was "feeling very positive" about the building's future.

"I think that this recommendation is a real testament to its significance, it really proves what we've been saying all along which is that this is a place that should be protected for all Victorians," she said.

City of Melbourne's Deputy Lord Mayor and planning portfolio lead Cr Nicholas Reece applauded Heritage Victoria's recommendation saying The Curtin was a "treasure of Melbourne that deserves the strongest possible protection".

"This is a landmark decision which provides hope for Victoria's many other at-risk heritage pubs," he said.

However, Cr Reece conceded just because the building could be heritage-listed, "doesn't mean it can't be redeveloped", but "the heritage significance, the social and cultural elements that make this pub so valued, will have to be protected in any future development."

When asked what would become of the pub if it was to sit dormant when the tenant's lease expired in November – a concern also raised by the Carlton Residents' Association earlier this year – Cr Reece said, "they are commercial matters for the current tenants to work through the owner".

"I'm not a in a position to rule in or out any future applications which may come down the track, but I can say is very, very clearly that any future development of this site will need to respect the John Curtin Hotel that we know and love."

In March, the City of Melbourne granted The Curtin an interim "significant" heritage protection, however, the VTHC went one step further by imposing a rare "green ban" in April, vowing to form a picket to prevent the building from being bulldozed – a measure credited with saving Flinders Street Station and the Queen Victoria Market.

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Murchison Square put on backburner as an offleash dog park following community opposition

WORDS BY Brendan Rees COUNCIL AFFAIRS

The City of Melbourne has ditched, at least for now, a controversial to make Murchison Square an off-leash timed access dog park following an uproar from the community.

The proposal would have allowed dogs offleash at Carlton's Murchison Square between the hours of 6pm and 8am every day with no fencing.

The recommendation was part of the council's review of open spaces in 2019 with two phases of community engagement in 2021 which aimed to identify gaps in off-leash dog areas across the municipality.

Councillors ultimately approved seven existing parks as off-leash areas at their June 28 meeting, but in an eleventh-hour decision, councillors voted unanimously to withdraw Murchison Square from the list.

"On much reflection, I believe that the evidence-base for Murchison Square is not as a robust as we'd like it to be at this stage, so it is proven to us to not continue with Murchison Square at this time," Cr Rohan Leppert said, who led a motion to exclude Murchison Square.

The decision came after community members banded together to submit an 83-page document to council outlining their concerns over the proposal.

Carlton resident of 35 years Barb Jennings, who was one of more than 20 locals to fight the proposal, said they were "really pleased" with the outcome.

"Murchison Square is very small. It's got roads on four sides ... dogs could just run out [without any fencing]. It's too dangerous," she said, with the park being bordered by Murchison St, Canning St, Owen St, and Barrup St.

Ms Jennings said in addition to the park being registered with having heritage values,





▲ Residents are relieved that the proposal to use Murchison Square as an off-leash dog area has been put on hold.

Murchison Square was also used by children and families as a picnic spot and would not be appropriate as an off-leash area.

She said their group, which included a heritage and architect consultant, as well as lawyers, urban planners, and health safety experts, believed the lack of community consultation was disappointing, with the plan not being well thought-out.

"They had apparently completed a survey across the inner suburbs, and they just stopped people in parks ... there was no data about where people lived or whether they had dogs or whether they would use it [the proposed offleash area].'

Residents of the group therefore conducted their own community consultation by door knocking 300 homes within a 200-metre radius of Murchison Square, Ms Jennings said.

In total, they spoke to 265 people with 93 per cent indicating their opposition to the Murchison Square proposal.

Ms Jennings, a dog owner, said it "was a

terrific example of a community getting togeth-

The council also decided to put the proposal on hold after hearing from residents at their June 7 meeting.

One resident had said not only was Murchison Square inappropriate as an off-leash area but questioned how the council would enforce the rules of "off-lead dogs running everywhere" as the park was surrounded by busy roads and frequented by cyclists and walkers.

But residents haven't won their battle just yet with the council's motion stating council management would now undertake 12 months of additional consultation "in determining whether Murchison Square should be designated as an off-leash timed access dog park".

In addition, the council will provide a report to councillors in June 2023 which would make a recommendation on options for delivering a new dog park for Carlton. The council will also investigate potential alternative locations in Carlton for an off-leash timed access dog park. •



New public toilet for Faraday St

COUNCIL AFFAIRS

The City of Melbourne will install a new public toilet on Faraday St after councillors unanimously approved a preferred location following community consultation.

The new toilet will replace the underground public toilet on the centre median strip east of Lygon St, which was decommissioned due to safety and accessibility issues.

Following its closure, the community called on the council to provide a new toilet for the area and four possible locations were put forward for consultation.

More than 37 per cent of respondents favoured the location above ground immediately adjacent to the decommissioned underground toilet, which will result in the loss of seven motorcycle and two car parking spaces.

The proposed design includes installing pedestrian safety barriers to improve safe access.

Lord Mayor Sally Capp said the Lygon St precinct was a premier destination deserving of 'the highest quality public amenities".

'We're happy to finally announce the location for a much-desired new public toilet on Faraday St," Cr Capp said.

"Faraday St [east of Lygon St] has been chosen as the most discreet, accessible and heritage friendly option - providing easy access for pedestrians and in close proximity to existing services."

Works are scheduled for completion by April

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Victoria Police's new operation clamps down on crime in Carlton

WORDS BY Brendan Rees РНОТОGRAPHY BY Murray Enders SAFETY & SECURITY

Carlton traders have welcomed a step up in police presence, particularly on Lygon St, after concerns were recently raised about the level of crime hitting the area.

Operation Velocita, which Victoria Police launched in July, has seen officers targeting public order, road, and vehicle-related crime on weekends.

The operation is aimed at ensuring the community is safe through a highly visible presence including foot and vehicle patrols along Lygon St and surrounding areas.

It follows a series of incidents earlier this year including a teenager who was taken to hospital after allegedly being stabbed outside an ice-cream shop in May in Lygon St - which sparked calls from the community for "immediate action".

Senior Sergeant Carl Whibley, who is running Operation Velocita, said it had so far proven successful with officers from North Melbourne Police Station continuing to address community safety concerns.

"Carlton is an overwhelmingly safe area; we don't have a lot of issues, but we know one incident can impact the feelings of community safety so it's important that the community feels safe as well as visitors wanting to enjoy the nightlife," he said.

'We've had really positive feedback. I attended a community function last week [late July] and it was brought to my attention that the traders had noted the increased police presence particularly in the evenings so that's positive."

Inner City News was given exclusive access to the operation one Friday night in July which saw a heavy police presence on Lygon St both on road and on foot, with officers also conducting random walk-throughs of licenced venues.

In July, police checked more than 150 people and intercepted 140 vehicles with two drivers returning an evidentiary breath test between



▲ Police were out in force in Lygon St in July.

0.1 and 0.15 – double and triple the legal limit,

Officers also issued 67 fines for traffic related behaviour and arrested three people for offences including outstanding warrants.

Sen-Sgt Whibley said the highway patrol units had also been supporting the operation and used automatic numberplate recognition technology to detect any driving offences while also conducting random drug and alcohol

He said while there had been a "slight uptick" in public order offences "it's not a major concern".

"We do have resources during the week and Lygon St, Carlton, remains a focus for us at all times and they will see an increase in police presence as well.'

Carlton Inc. Traders' Association executive officer Phillip Mansour, who has been vocal in his campaign to have more police on the beat, said the latest operation was a "forward think-

"It's great to see Victoria Police has been proactive in initiating this action upon liaising with the local community," he said.

However, he noted the City of Melbourne had yet to contact traders after they highlighted their concerns of safety on the front page of Inner City News in June.

"Additionally, nobody from the City of Melbourne has contacted Carlton Inc. even after highlighting these challenges in writing with a question at the council meeting in June," he said.

"It seems the safety and security of businesses and patrons in Carlton isn't a priority for the City of Melbourne with the lack of response

Paul Ferraro, who owns the University Café on Lygon St, said he had definitely noticed police upping the ante with patrols having increased by "tenfold".

"Their presence is so far so good. Obviously, they must have heard us and listened to us and done something about it," he said.

The operation is part of the Neighbourhood Policing approach, with the Carlton area being registered as a priority for the local police and the community. •

New development proposed for eyesore Cancer Council building

WORDS BY Brendan Rees PLANNING

An eyesore building in Carlton that formerly housed the Cancer Council's headquarters could be knocked down to make way for a 13-storey tower and townhouses under a new plan.

An \$80 million redevelopment has been proposed for the neglected building at the corner of Rathdowne and Victoria streets under fresh plans to be considered by the City of Melbourne.

It comes as the building has sat empty and riddled with graffiti for the past nine years after it was bought by Kingsland Timber in 2013 for \$20.6 million.

In 2019, a \$5 million revamp was proposed to transform the building into a mixed-use commercial property, but the plan never came

In a new application lodged with the council in May, in which the applicant's details were blacked out, the makeover would include a podium comprising of seven three-storey townhouses, a six-storey corner podium, and a 13-storey tower containing 77 apartments - ranging from two to four bedrooms - from levels one to 12.

A pitch to the City of Melbourne said the proposal "envisaged as a collection of stacked objects, with three distinct hierarchies, creating an ordered framework that responds to each orientation of the site."

The Bates Smart-design development proposes to feature a range of facilities for residents including two open space terraces, a ground floor library as well as pool, gym, yoga, steam room on level one.

There would also be a café and three office suites on the ground floor and first floor.

The existing single-storey brick warehouse and a double-storey concrete commercial building to the south of the site - both of which are in state of disrepair - would be demolished. •





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Small Business of the Year finalist

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design culture, such as Denmark and Finland.

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Some items are so beautiful they're even held in galleries and private collections worldwide.

MAKE was named a Small Business of the Year finalist for its lovely relationship with the community. MAKE is a Carlton institution, but it's also a successful online business that has built up an extensive, loyal following by email list.

market quickly and effectively.

Owner Patricia Chircop and the team are also dedicated to sharing decades of experience with others, offering tailored workshops to improve knit researched and developed sustainable knowledge and efficiency.

> Knovus was named a Small Business of the Year finalist for its highly innovative approach to the design and manufacture of knitted products, ranging from fashion to medical technology, and investment in cutting-edge technology and knowledge

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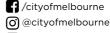
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Brakes slammed on for crucial new bike lane project

WORDS BY David Schout
TRANSPORT

The Department of Transport has paused the installation of a new cycling lane that would connect the inner-north with central Melbourne, for fear of the impact on local parking.

It is not known when works on the new southbound bike lane along Royal Parade, which would give CBD-bound cyclists a dedicated lane until Haymarket Roundabout, will now commence.

Locals were informed by the City of Melbourne in May that the project was due to start, however the Department of Transport then verbally requested the council to pause works on both Royal Parade and nearby Grattan St.

According to the council, the rationale for the delay was concerns about local parking impacts.

And, as Royal Parade is a Department of Transport (rather than City of Melbourne) road, the council complied with the request.

A council letter to locals on June 28 then announced the works had been delayed, to "ensure additional community feedback is considered in the design".

The Department of Transport has indicated that the location of the proposed lanes, including proximity to the hospital precinct, meant it wanted to ensure there was no impact on the delivery of essential services.

"The City of Melbourne has put forward a proposal for bike lanes to be installed on Royal Parade, Parkville and Grattan St. Given these are arterial roads, we are following standard procedure by undertaking a review of the City of Melbourne's proposal, including seeking additional information about the council's plans," a government spokesperson told *Inner City News*.

"We undertake careful and thorough planning when proposals like this are put forward, and we always seek to balance the needs of motorists, local businesses, the freight industry, public transport passengers, pedestrians and

cyclists."

The news comes after the council in June opted to pause the installation of CBD bike lane projects until July 2023 at the earliest.

Part of the rationale behind the move was to focus on projects outside the Hoddle Grid within the next 12 months, of which Royal Parade was one.

However, it is now not known whether that will be the case.

"We will continue working closely with the Department of Transport to upgrade key arterial bike paths including Arden St, Macaulay Rd and Royal Parade," Lord Mayor Sally Capp told *Inner City News*.

"Focusing on connecting key suburbs to the CBD will allow us to welcome as many people back into the city, as safely and efficiently as possible."

While the council's protected bike lane projects had been rolled out relatively seamlessly in the past two years, with more than 19 km of new lanes installed, controversy around the CBD pause and now Department of Transport intervention threatened to halt momentum.

More than 1000 people expressed disappointment with the council's move at a June council meeting, which also attracted protesters outside Town Hall.

However, Cr Capp said the council's bike lane projects would continue apace.

"Bike lanes save lives and improve safety for all road users – and the City of Melbourne remains on track to deliver more than 40 kilometres of protected bike lanes across the municipality."

The adoption of the council's Transport Strategy 2030 in September 2019 included a commitment to deliver 90km of protected bicycle lanes by 2030.

This included 50km on local roads (to be built by the council) and 40km on arterial roads to be provided by the Victorian Government.

In February 2020 the council committed to accelerate constructing 44km of protected bicycle lanes by mid-2024 "in response to the climate and biodiversity emergency" and has said it is on track to meet the target.

Public survey open on Princes Park stormwater harvesting project

WORDS BY Carol Saffer ENVIRONMENT

The City of Melbourne is calling on residents to provide comments and feedback on its proposed stormwater harvesting project for Princes Park.

The project will harvest excess stormwater from the Moonee Ponds Creek to water Melbourne's iconic Princes Park in Carlton North.

This new source of irrigation water will protect the sports and recreation grounds and some of the city's most significant trees in Princes Park from the impact of future drought, with project seeking to provide significant benefits to both the park and the creek.

Princes Park will receive 80 per cent of its required water from more than 60 million litres from Moonee Ponds Creek.

This sustainable natural water cycle will eliminate the need to use tap water to replenish the soil moisture in the park.

Moonee Ponds Creek will see the removal of litter and up to 20,000kg of sediment and 200kg of nitrogen annually.

The three steps in the water collection and distribution cycle start with capturing excess stormwater through a stormwater pipe, ensuring environmental flows are maintained, and passing it through a gross pollutant trap, removing litter and more significant pollutants and then through a sediment chamber to remove coarse sediment.

The second step is transferring the treated stormwater to underground storage tanks, holding up to five million litres of water, at McPherson Field in Royal Park.

Finally, the stormwater will be pumped via a UV disinfection system, removing pathogens, into an irrigation tank in Princes Park, where the water will irrigate the ovals and gardens.

The location of the stormwater harvesting system will mainly be underground, while the



 \blacktriangle A diagram demonstrating how the system will work.

small UV pump house will be adjacent to the existing pump infrastructure in Royal Park.

There will be disruptions to activities in Royal Park and Princes Park during the construction of this project.

The City of Melbourne says it will work with sporting clubs and park users to minimise these impacts as much as possible and ensure the community continues to access the parks.

Similar irrigation systems are located in the Fitzroy Gardens in East Melbourne, Birrarung Marr and Queen Victoria and Alexandra Gardens.

The council is accepting feedback until August 30. \bullet

To have your say:



A journey to Camelot for a good cause

WORDS BY $Kaylah ext{-}Joelle\ Baker$ ARTS & CULTURE

Local theatre group Style Music Theatre is busily preparing to begin the first of what will be a series of monthly concerts, with all profits going towards various selected charities.

The first of the one-hour performances in the series will be *The Dreams of Camelot* and it will be performed on Sunday, August 14 at East Melbourne's Holy Trinity Church.

At the forefront of the decision to conduct the performances for charity is renowned actor, singer and director John Lidgerwood after the pandemic put a halt to many of his creative endeavours and plans for his theatre company.

"After an extensive career of 50 years in stage, television and concert performances in Australia and abroad, this came to an abrupt halt when the COVID pandemic arrived – like it did with many in the entertainment industry," Mr Lidgerwood said.

"As a fan of musical theatre and operetta, I turned to writing several one-hour tributes to the great musical and stage productions and their composers."

Mr Lidgerwood has a rich history performing some of the greatest written productions himself after a career on the West End upon moving to London in 1973 and touring Australia in *My Fair Lady*.

Using his writing as a way to help people who have been dealing with financial hardships, homelessness and employment problems as a result of the pandemic, Mr Lidgerwood is combining his talents with other creatives.

Joining him on the stage will be professional singer and performer Alexandra Lidgerwood who studied her Bachelor of Music at



▲ John Lidgerwood with daughter Alexandra

Melbourne University before moving to the UK to perform around Europe in opera performances and concerts.

Style Music Theatre's musical director of 15

years and highly-trained pianist and accompanist Linda O'Brien will also be displaying her talents in the local stage production.

The Dreams of Camelot will be shown at 2pm

The Dreams of Camelot will be shown at 2pm on August 14, followed by Almost Anything Goes on September 11, Operetta In Spring on October 9 and Rhapsody on November 13.

Tickets for the events are on sale for \$20. For any further enquiries John Lidgerwood can be contacted on 0428 284 676. ●

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Grazing goats help sunbaking skinks in Royal Park

WORDS BY Carol Saffer PHOTOGRAPHY BY Murray Enders & David Paul **ENVIRONMENT**

A herd of goats is spending winter in Royal Park, but they are there to work and not to

Their task is to munch down the weeds that hamper the home of the significant White's Skink population which has called Royal Park home for more than 20 years.

White's Skinks are grey-brown lizards that prefer rocky habitats with well-developed canopy cover.

They are swift-moving and love basking in the sun, foraging on rocky outcrops or sheltering in burrows under rock slabs or logs.

The increase in weeds and exotic grasses in the park has reduced the quality of the skinks' habitat and hence the need for the goats to move in on Friday, July 15.

Thanks to the City of Melbourne trial in partnership with The University of Melbourne to regenerate the locale, the goats get a feast, the skinks get to sunbake, and the council eliminates the use of herbicides.

Acting Lord Mayor Nicholas Reece said the council was eager to see if the goats could work their grazing magic and help improve the habitat for the White's Skinks in this area of Royal

"We're not kidding about our important ecological systems - the scale of this project is enough to make a White's Skink blush," he said.

Goats will be gradually introduced to seven more fenced-off plots in Royal Park before moving out in early spring.

Eight additional plots left in their natural state will be used as control sites.

In autumn 2023, all of the plots' condition will be analysed.

The University of Melbourne Urban Ecology

Research Fellow Julian Brown said the University valued its involvement in helping develop evidence-based urban landscape management techniques.

"By comparing grazed and ungrazed plots, we can determine whether goats can safely remove the weeds and help restore the habitat of White's Skink," he said.

While an active supporter of the initiative, Friends of Royal Park secretary Kay Oddie raised the issue of publicising the goats' arrival.

"I didn't expect it to be for a 'launch' to be, reported with 'bells and whistles'," Ms Oddie said.

"I am not sure that publicity is called for this project at this point."

She said the site was an isolated area in the park, and there would not be much surveillance.

"In the past, vandalism has occurred here, so the last thing we want is a youth or other misguided people hassling the goats or worse," she said.

Ms Oddie referred to examples of

unacceptable behaviour in the park.

"A man deliberately kicking a football into a flock of galahs last Saturday," she said.

"Dog owners allow their dogs to chase birds or swim in the pond, and youths have set fire to the area where the skinks are."

Graze Away Goats owner Colin Arnold supplied the animals for Royal Park.

He said in the 15 years, and at the 50 sites he had grazed goats, the relationship between animals and the public was terrific.

"The South African Boer goats I breed myself because they have a docile temperament," he

For more than five years, graze Away Goats have been at Abbey Walk in the City of Whitehorse, a public recreational area, and never had an issue.

"In all of my sites in 15 years, we have only had one issue when a small dog bit a goat," Mr

Graffiti removed at record levels but Carlton traders call for more "forward thinking"

WORDS BY Brendan Rees SAFETY & SECURITY

Clean-up crews have removed a record amount of graffiti across the municipality after the City of Melbourne battled a 60 per cent increase in the vandalism act after lockdowns.

New data from the council revealed 80,000 square metres of graffiti had been cleaned off since the start of the year after a blitz began in March.

A rapid response clean team has removed more than 30 per cent of the graffiti from the central city, with North Melbourne and Carlton accounting for about 25 per cent. West Melbourne and Kensington made up 17 per cent of total graffiti jobs.

The council said it was continuing to work closely with Victoria Police to identify and deter offenders.

During the blitz, 22 people

were arrested for illegal tagging, using information and footage supplied by the City of Melbourne. "We know everyone is furious at the amount of vandalism and graffiti that has occurred over the past few years. We want to stamp out this destructive scourge and make Melbourne a city we can all be proud of again," Deputy Lord Mayor Nicholas Reece said.

Cr Reece said the clean-up crews had "done an incredible job" as the CBD welcomed more workers, students, and visitors - with nearly two MCGs worth of graffiti removed in less than four months.

During the blitz, he said nearly 90 per cent of the clean team's work involved removing graffiti from privately-owned buildings and assets.

The council's graffiti blitz ran from March 6 to June 30 to combat illegal graffiti and tagging, improve public spaces and ensure the city was

visually appealing.

More than 75 per cent of the cleanup targeted privately-owned commercial buildings and private street assets while 10 per cent of graffiti removal was from private residential properties and 12 per cent from council-owned assets.

However, the Carlton Inc. Traders' Association executive officer Phillip Mansour said feedback from traders suggested there hadn't been a decrease in graffiti in Carlton and "it's more prevalent than ever".

"Business owners are always expressing they're not seeing enough works in Carlton, whereas the inner CBD is always prioritised, it seems Carlton is last on the list," he said.

"Traders are aware there is a graffiti reporting service online but simply don't have the staff or capacity to continually fill out these forms."

Mr Mansour said while

acknowledged the graffiti blitz was a great initiative, the council needed to be "more forward thinking rather creating repetitive knee-jerk reactions".

"Rather than the council continually revisiting the same sites time and time again to rectify graffiti why don't they invest in anti-graffiti coatings that repel graffiti, so spray paint doesn't stick?"

"There's technology available and this will be a greener alternative as it means less brush cleaning, less fossil fuel vehicles driving around, and less paint being used."

Ms Mansour said this approach would be a "win all round" as well as reduce long term repetitive costs, and keep the streets cleaner for longer.

"This will also allow graffiti cleaning staff to be deployed in alternate areas, alleviating resources. We all know how hard it is to find staff at the moment. Let's work smarter, not harder and repetitively," he said.

Carlton Residents' Association president Antionette Sagaria, who could not be reached for comment before deadline, has previously said while "it's all well and good" cleaning off graffiti, it was a reactionary approach and prevention measures such as education and diversionary programs should be considered.

"I think people in the area are fedup there's not enough action and it just keeps happening. They do a blitz, it all looks clean for about 24 hours and that's it." she said in Mav.

The clean-up comes as the City of Melbourne invested \$28.2 million in its latest budget to tackle illegal graffiti including \$1.5 million to expand the rapid response clean team.

Lord Mayor Sally Capp travelled to Singapore at the end of July to meet with political and business leaders to discuss ways of addressing graffiti. •

New panel set up to hear residents' concerns on hoon behaviour

WORDS BY Brendan Rees SAFETY & SECURITY

Carlton residents fed-up with hoon behaviour in their neighbourhood will be able to voice their concerns through a new state government-led panel.

A Hooning Community Reference Group has been established to identify potential short-, medium-, and long-term solutions to address hoon behaviour in local communities.

It will bring together community and stakeholders with experts in road safety across government, enforcement, and research bodies to develop a new Victorian Hoon Driving Action Plan.

To support the initiative, a community online session covering the inner Melbourne region will be hosted by the City of Melbourne

The reference group has been launched after the state government conceded there had been an increase in reckless driving behaviour during the problem is making noise. Many of them are the pandemic, which has continued into 2022.

Hoon behaviour has been a long-standing concern for Carlton residents, particularly along Lygon St.

Residents told Inner City News that the behaviour was impacting their quality of life as cars tore up and down the neighbourhood at all hours of the night.

"It's very unsettling," one resident said, adding "it's very unpredictable and it creates a lot of anxiety.

"It's a disturbance in the area. They burn up and down the street and you can hear them doing wheelies at the intersection of Oueensberry and Lygon streets."

Another resident, said, "We hope they [police] can do something about it but we find or hear little evidence that anything has really

deliberating backfiring.

Carlton Inc. Traders' Association said it endorsed safe roads and would encourage the TAC to get involved in the precinct to promote safe driving.

"Over the generations Carlton developed an automotive DNA with vehicles worth hundreds of thousands and in some instances millions of dollars visiting Carlton as a destination, we should be embracing this in educating drivers with strong educational messages from the TAC and VicPol," the association's executive officer Phillip Mansour said.

The Department of Transport (DoT) spokesperson said all hoon drivers were being put on notice with the new reference group in action.

"Reckless driving can have devastating consequences for communities. In addition to having

some of the strongest anti-hooning driving laws Another resident believed, "It's not speed, in the country, Victoria is looking for ways to further reduce hoon behaviour to improve safety for everyone on our roads," the spokesperson

"As part of the work of our newly formed Hooning Community Reference Group, we're looking forward to hearing directly from local communities through online forums to better understand their concerns and identify potential ways to improve road safety." •

For more information:



"Heritage is ignored": Growing concerns for Melbourne General Cemetery's "barren" state

Continued from page 1.

"Heritage is ignored; they [SMCT] appropriated a public building and repurposed it to house a single grave," Ms Aird said.

The SMCT-commissioned Melbourne General Cemetery Conservation Management Plan, conducted by heritage and conservation experts Lovell Chen in 2014, states, "The original Victorian garden cemetery concept at this site has been severely compromised. This began when the pressures for locating new burial plots and lack of funding for maintenance saw landscape areas turned over to burials."

"The long-term management practice of herbicide spraying (especially through the north of the site) may have adversely impacted on some or all of the noted indigenous species."

Ms Aird said the current failure to plant trees or shrubs and the ongoing use of herbicides would reduce the options open to the cemetery in the future. "Urgent action is needed," she said.

Other members of the community have long been raising questions about MGC's condition.

Melbourne Greens MP Ellen Sandell asked then Minister of Health Martin Foley in Parliament in August last year, "will this state government provide funding to improve the Melbourne General Cemetery?"

"This historic place is a little worse for wear ... it is largely barren with a lack of tree cover or vegetation. Unfortunately, the body that runs the cemetery [SMCT] say they do not have the funding they would need to do this," Ms Sandell said.

SMCT's CEO at the time Jane Grover responded in November 2021.

"In the past three months, we have planted approximately 60 small to medium-sized trees. Unfortunately, large canopy trees cannot be easily, safely or appropriately accommodated at MGC due to the proximity to graves and aging monuments," Ms Grover said.

Late last year, SMCT entered into an agreement with the Princes Hill Community Centre's (PHCC) Greening the Cemetery gardening group. Greening the Cemetery holds volunteer working bees on the fourth Friday of each month from 10am for no more than three hours, intending to beautify the surrounds and graves of the MGC.

One group member said that with the small number of volunteers who weeded and planted in those few hours once a month, they were lucky to "cover the size of my living room".

SMCT and PHCC operate under a Memorandum of Understanding (MoU), with both parties agreeing to a specified set of obligations, with PHCC agreeing that the gardening group "will only garden in pre-approved locations, identified and approved by SMCT".

Another requirement is when the gardening group "is on-site at MGC should any volunteer receive an enquiry from a member of the public, he or she must refer the enquiry to SMCT staff."

Ms Aird said there was a "particular emphasis on confidentiality".

"SMCT has to approve any proposed social media or traditional media releases by the





▲ Photographs demonstrate the deteriorating condition of some sections of the Melbourne General Cemetery, of which locals say requires a green overhaul. Top right: Liz Aird.

PHCC gardening group," Ms Aird said.

"Save Out Cemetery will operate without such constraint."

There are several other community groups and individuals who have an interest in the MGC.

The friends of the Melbourne General Cemetery (FOMGC) describes itself on Facebook "as a community group supporting the preservation and development of this beautiful historic cemetery; we are not affiliated with the cemetery trust."

Its Facebook page primarily promotes and raises public awareness of the cemetery's issues.

Victorian Greens MP for the seat of Brunswick Tim Read said thousands of people passed by or through the cemetery daily, yet it wasn't being treated as a precious inner city open space.

"With time, it could become a greener, more attractive destination for walkers and picnickers while still respecting the graves it contains," he said.

"People who live around here are telling me they want to see an ambitious planting and gardening program with many more trees; many of them would love to volunteer their own time to help."

"However, there has been conflicting information about the plans for the cemetery, depending on who you speak to."

"Meaningful community consultation, transparency, and ambitious vision will be key, and I'll be following up with relevant stakeholders to make sure this happens."

Carlton North resident David James said in a



letter to the editor of *The Sunday Age* in August 2021, "[MGC] is now at the end of its life as a working cemetery and is in dire need of leadership and engagement from the community and government to assure its future."

"What an opportunity for a whole of government approach to develop [it] providing open space for recreation, shade and trees to mitigate climate change effects."

SOC is proposing a similar approach with its aim to liaise with other community organisations such as the Carlton Community History Group, the National Trust, the City of Melbourne, the Royal Historical Society of Victoria, the University of Melbourne and its branch at Burnley, environmental groups, the Heritage Council and local schools.

Inner City News sent a series of questions to SMCT chair Dr Vanda Fortunato regarding the MGC, to which a spokesperson replied, "we are always working to improve the gardens and surroundings at all our properties. SMCT has a plan to invest in planting and amenity at Melbourne General Cemetery that involves community input, and we are in the final stages of planning this project."

The Department of Health was also contacted for comment.

Three Prime Ministers, Sir Robert Menzies, James Scullin and Sir John Gorton, are buried in MGC.

Other notable interments include significant figures of the 1854 Eureka Stockade Rebellion and ill-fated explorers Burke and Wills.

Well-known pioneers, such as John Pascoe Fawkner and George Evans, and Derrimut, the Indigenous chief of the Bunurong tribe, after who the Melbourne suburb was named, are also interred there.

For more information: saveourcemetery66@gmail.com



Carol Saffer

JOURNALIST

CAROL@HYPERLOCALNEWS.



Locals fed up with footy fans illegally parking

WORDS BY *Brendan Rees* COUNCIL AFFAIRS

Furious residents in East Melbourne have lashed motorists who are blocking their driveways and parking on nature strips during game days at the MCG.

Locals have accused the City of Melbourne of "not doing an adequate job" of enforcing parking regulations – with the issue also seeing dozens of cars parked at Wellington Park and causing "significant damage" to the ground and some trees.

"On Vale St, no standing signs have been ripped out and cars are parking on the nature strip," East Melbourne Group's Greg Bisinella said, adding the council was "not putting enough resources into the problem with too few enforcement officers."

"Now that the football is back in force at the MCG, residents of East Melbourne are being forced to endure hundreds of illegally parked cars during events," he said.

"We think the solution is a combination of enforcement and education of football goers. There is clearly not enough parking in East Melbourne to cater for large crowds."

One resident said up to 100 cars on big game days were illegally parked on Jolimont Reserve between Jolimont Terrace and Agnes St.

The council said Wellington Park was considered a nature strip and parking officers had the authority to issue fines to any vehicles found parked there.

"We are aware that some drivers have started parking in Wellington Park on game days," a council spokesperson said.

"The area is being monitored by officers closely, particularly when events are being held at the MCG."

"We strongly encourage those attending the football to catch public transport or park in nearby off-street facilities."

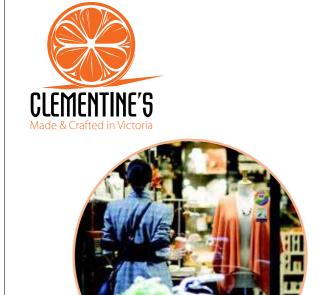
The council said parking officers patrolled East Melbourne seven days a week, with a roster of additional officers when AFL matches, and other events were held.

"On game days the main parking offences are overstaying the time limit and parking in a permit area without a permit," the spokesperson said.

"Parking on nature strips and across driveways occur less frequently."

However, residents say they are shocked that neither Victoria Police, the City of Melbourne, or the Melbourne Cricket Club (MCC) had not done "anything to avoid, stop or punish this, especially given that football parking falls to MCC."

The MCC was contacted however it referred *Inner City News* to the council, saying the MCC managed Yarra Park and was not involved in the parking restrictions on city streets. ●



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Once-per-decade city strategy reveals strong local worker growth

WORDS BY David Schout PLANNING

Local worker numbers will steadily rise in the coming years, increasing by 50 per cent by 2040 according to a once-per-decade planning blueprint was released by the City of Melbourne in July.

The council's Municipal Planning Strategy (MPS), last updated in 2010, indicates that workers will continue to increase despite the impact of COVID-19.

Numbers to 2040, when compared with 2020, would rise strongly in East Melbourne (16,016 to 23,051), Carlton (8407 to 12,796) and Parkville (9,611 to 14,715); a rise that would outstrip the rate of resident growth.

In City North, the number would double in this time as the council hoped it would become a "world class innovation district".

The new MPS, an updated city vision that provided summaries of each neighbourhood within the municipality, focused strongly on Melbourne's new growth areas.

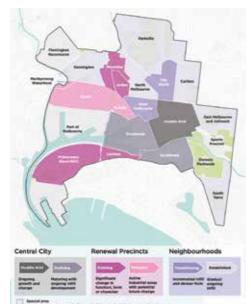
While East Melbourne, Carlton and Parkville were noted as "well established" neighbourhoods that would undergo "subtle" rather than wholesale changes, other areas to the west would be transformed.

Industrial and former industrial areas such as Arden, Macaulay, and Fishermans Bend would "accommodate a significant portion of the growth and change in the municipality over the next 20 years" according to the strategy.

It is proposed these areas will become "the new Fitzroy or Collingwood for the west of the city".

"The growth of the municipality is now moving west, onto the lower, wetter plains," it stated.

"The urban renewal precincts of the city which are transforming from industrial areas



to mixed use areas offer unparalleled opportunities to reimagine our future landscapes and built form."

The MPS, which introduces policies that guide both land use and development decisions, did not contain any distinct revelations for local areas within the coming years.

"East Melbourne will be preserved and enhanced as a residential and mixed-use area with significant heritage buildings and gardens, heritage streetscapes, and government, medical and commercial uses that complement the central city," the strategy stated.

"Carlton will grow as a high amenity residential and mixed-use area with well-preserved heritage residential streets, a vibrant Lygon St precinct and a growing education and innovation sector ... [and] Parkville will be defined by

its significant open spaces and key public assets, with clusters of heritage housing, residential development and a mix of medical, commercial, research and education uses."

While not introducing an entirely new vision for the future of the city, the MPS rather consolidated the council's already-endorsed policies (from recent years) related to planning matters, such as the Affordable Housing Strategy and the Transport Strategy 2030.

Planning chair Cr Nicholas Reece said it was a "once-in-a-decade opportunity to chart a course for what Melbourne will look like in the decades ahead."

"We're planning out to 2040," Cr Reece said.

"Modern Melbourne, as we know it, is not just a city that happened by magic. It's the result of very deliberate, and strategic, decision-making by the city and by the state. It's the product of one good decision building on another."

Cr Reece said that just like inner suburbs to the northeast of the CBD have markedly changed, so too will those to the west.

"Suburbs like West Melbourne will transition. They've got a strong industrial history—they'll continue to be a place where a lot of people are employed but will also take on a much more residential character, becoming like the new Fitzroy or Collingwood for the west of the city."

Deputy planning chair Cr Rohan Leppert said the strategy would play a hugely influential role in upcoming planning matters and meant that the "unholy friction" between local and state governments' planning agendas could be managed.

"[That relationship] can be managed in a way that there's some certainty and some understanding by all parties in the planning system, especially local residents of the City of Melbourne, as to what the government's agenda is and why, and how these different pieces come together," Cr Leppert said. [Worker] Numbers to 2040, when compared with 2020, would rise strongly in East Melbourne (16,016 to 23,051), Carlton (8407 to 12,796) and Parkville (9,611 to 14,715); a rise that would outstrip the rate of resident growth.



"If you think about how much the city has changed in the last 10 years, it's that second role — not the 'here's our ambitious statement for the future' — but how do we consolidate all of those policies and tell the clearest narrative that we possibly can about where development goes across the municipality and why."

The council will now seek authorisation from the new Minister for Planning Lizzie Blandthorn before commencing public exhibition and will seek input from community members across the municipality.

"We're expecting bouquets [but] we're probably expecting brickbats as well — that's the nature of community consultation and it's so important that we get it on this exercise," the Deputy Lord Mayor said. ●

Happy Birthday Cinema Nova

WORDS BY Carol Saffer ARTS & CULTURE

On August 27, 1992, Cinema Nova, a humble two-auditorium venue, opened its doors on the ground floor of the then Lygon Piazza in Carlton

To celebrate the 30-year milestone, a twin gala screening event on Wednesday, August 24, will kick off a week of festivities, and a retrospective program of memorable and favourite movies will run for a week beginning on Thursday, August 25.

The Nova Nostalgia Gallery and Exhibition will be shown in the foyer throughout the month, showcasing three decades of its history through exclusive images, newspaper clippings and historic movie posters.

Two of Melbourne's cinema icons in the 1990s, Natalie Miller and Barry Peak, joined forces to open the new movie house.

Natalie Miller's The Longford Cinema in Toorak Rd, South Yarra was renowned for screening Australian and international films.

The Valhalla in Richmond, owned by Barry Peak, was famous for long-running seasons of *The Blues Brothers* and *The Rocky Horror Show*, where audiences sang, danced and knew every line of dialogue.

Cinema Nova was their baby, and the movie-going public loved and welcomed it.

Opening night in 1992, *The Favour, The Watch and the Very Big Fish*, a 1991 comedy film directed by Ben Lewin, starring Bob Hoskins, Jeff Goldblum and Natasha Richardson, was screened alongside *Mediterraneo*, the Academy Award-winning Italian comedy-drama.

It is now the largest and most popular independent cinema in the Southern Hemisphere.

Cinema Nova has a reputation for extended seasons, giving movies screen time they may not have achieved anywhere else to the delight of discerning audiences. Some of them ran for more than 20 weeks.

Cinema Nova CEO Kristian Connelly said, "Our programming doesn't chase the dollar; it





chases the culture."

"We were the first cinema in Australia to open a digital-only theatre when 35mm was the standard projection method."

"This is now known as 'alternate content' where we project live stage events from the likes of New York's Metropolitan Opera and London's National Theatre not long after their premiere performances."

Cinema Nova is well known for hosting many film festivals, including Monster Fest, Melbourne Documentary, Melbourne International Film Festival and the Iranian, Palestinian, and Russian Festivals.

It is a cinema complex that boosts the global movie industry in Australia and prides itself in projecting culturally diverse stories. ●

Give your garments a longer life

WORDS BY Carol Saffer SUSTAINABILITY

Each year Australians acquire an average of 27 kilograms of new clothing per person and discard around 23 kilograms of clothing into landfill

Love It Longer, a preloved, vintage and designer garment retailer, accepts garments from their clients to sell to other customers in a true recycled fashion.

Co-owner Giulia Ferrari, with her sister Mattia and mother Armanda, opened the store above the Biscotteria Café on Rathdowne St in Carlton four months ago.

"We wanted to offer the women of the north side preloved designer clothing," Ms Ferrari said. "What better place than on top of a café; you can get your lunch and Louis Vuitton all in one building."

Mattia said the family had been in fashion "forever", and consumers were more into preloved and giving back to the environment.

"People feel guilty now about fast fashion, and we want to promote slow fashion with well-known brands," she said. "We source these preloved garments, and they get another life; they live longer."

Clients are found mainly at the moment by word of mouth.

A recent client Sarah, who lives a block away and noticed the sign outside, took in a Christian Lacroix skirt she didn't want to throw away.

"It's in perfect condition, and I hope someone else will love it," she said.

The garments in the store are on consignment with the selling price agreed with the client.

If the item doesn't sell within three months, Ms Ferrari will discuss lowering the price with the owner or returning the garment.

The client receives a commission when the item is sold; 50 per cent for items under \$999 to 70 per cent for anything more than \$2500.

Love It Longer sells local labels alongside imports.

Mainstream retailer Country Road has a



▲ Love It Longer owners Giulia, Armanda and Mattia.

different approach to keeping garments from landfill.

Customers are encouraged to take their preloved Country Road items into the Country Road store in Lygon Court (as well as all stores) to place into its Fashion Trade donation box.

Each customer receives a \$10 voucher to encourage people who haven't donated before to consider bringing in their preloved Country Road pieces.

The garments are then delivered to Red Cross shops for resale.

Since the program's launch in 2011, Red Cross Shops have received more than 270,000 preloved Country Road items, including more than 16,000 donations during the past year, raising \$810,000.

Country Road Lygon Court store manager Paul Anderson said the staff were ambassadors for the program and loved speaking about it with customers.

"Our customers love that they can be involved in making a difference, as the clothes donated to Red Cross raise much-needed funds," Mr Anderson said.

The Red Cross funds support the great work of First Nations people in remote communities, helping refugee families settle safely in their new homes and supporting young people in the justice system, to name a few examples.

Retail shop manager at Red Cross Collingwood Maria Vaz said, "Our customers love it; we get top dollar for Country Road [garments]." ●

A supportive home away from home for students

WORDS BY Kaylah-Joelle Baker EDUCATION

The return of international and interstate students to the city has been a slow-growing process back to what it used to be, and many members of the Student Accommodation Council have their doors wide open.

The Student Accommodation Council is a recently formed division of the Property Council of Australia (PCA), launched by executive director Torie Brown and CEO of Scape and inaugural chair Anouk Darling.

The purpose of the new division is to represent and advocate for Australia's purpose-built student accommodation market and to provide safe and secure housing for students returning to their studies in Melbourne.

"Having students living in Carlton and the CBD provides an instant sugar-hit to local businesses, increases city vibrancy and injects much needed skills into the local workforce," Ms Brown said.

"As well as providing pastoral care, student accommodation operators encourage new friendships and connections through facilitated activities and common spaces which ensure students don't become socially isolated."

Among the founding PCA Student Accommodation Council member profiles, which have Purpose Built Student Accommodation (PBSA) buildings situated in Carlton are Journal Student Living and Scape.

Keeping in tune with what they are known for across their already established 33 buildings, Scape's latest PBSA build that opened at the start of July has bright colours bursting from every room.

This continual decision to create bright spaces is due to a mix of thought and science and Ms Darling said the concept was "done in partnership with leading specialists in the field".

"At Scape we invest in understanding which colours foster thinking, which colours foster relaxation and which colours foster socialisation," she said.

Also unique to the new Scape Lincoln College



built on Swanston St, which is not emulated or duplicated anywhere else in Australia in PBSA spaces, is their catering option for students.

"We offer a seven-day breakfast which is built around a lounge experience and then for dinner three days a week [it] is a chef-prepared meal and four days a week there is a pantry option," Ms Darling said.

"For the pantry option students pick and choose their fresh pantry items, take lessons with the chef in partnership with menu cards and prepare their own meals," Ms Darling said.

In addition to the ground-floor kitchen and welcome lounge, Scape Lincoln College has a cinema, refreshment bar, study spaces, game room, rooftop area, beehives, gym and a music room with guitars, keyboards and an electronic drum kit.

Gyms, communal lounge spaces, kitchens, laundries and study spaces are common within many of the PBSA buildings and they add to the student living experience and their ability to

make the spaces home.

One of the more well-established is that of Journal Uni Place on Leicester St, with 24/7 staff in the lobby and security on entry the space is well-secured, while the personal letterbox for all residents adds a touch of home.

The cosy library with the ceiling-high bookshelf and the private study rooms and nooks allow for students to study in private outside of their bedroom, while still being within sociable quarters – a deliberate choice.

"With its amazing facilities and Journal Life program, Journal is much more than a place to live," chief executive officer of Journal Student Living Ian Davidoff said. "Community is at the heart of the Journal experience – bumping into friends in the lounges, doing a cooking class and sharing a meal in a communal kitchen, working out with friends in the gym, planting and harvesting vegetables in the rooftop garden."

"Playing chess in the library or jumping on a tram with roommates to head to the gallery – all



these are hallmarks of the Journal experience."

Journal Uni Place has 804 beds with the rooms optimising on storage space in ward-robes, underneath beds and study desk storage, and like many of the PBSA buildings they have studio rooms and shared living apartments.

Not far from Journal Uni Place, situated overlooking the Queen Victoria Market is another founding PCA Student Accommodation Council member – Iglu.

Situated directly in the heart of the city, it is another example of the well-established offerings for students around their selected university that offer them an independent experience with an instant community that makes them feel supported.

The Student Accommodation Council has come at a time when student numbers are set to increase, following 181,000 students arriving to Australia in the first half of this year, and the hope is for the available accommodations to only further entice students to Melbourne. •

Graphic design business wins Lord Mayor's Small Business Award

WORDS BY Carol Saffer BUSINESS

Founder and owner of Grafico Group Damian Corney completed the lengthy application questionnaire for Lord Mayor's Small Business Awards earlier this year.

"I thought it was worth a go and was thrilled to make it to the finalist stage," Mr Corney said.

When his business took out the top award at a gala event on Thursday, July 21, he was excited and delighted to show it off to his team.

"It celebrates what has been a very tough past couple of years for most small businesses," he said.

The graphic designer set up Grafico Group, a boutique wallpaper art and signage business, in his Carlton garage in 2004

Now located in North Melbourne, the business employs an in-house team of 13, producing custom print wallpaper, mosaic tiles, vehicle wraps and premium vinyl wrap colours.

Grafico received three gold, one silver and one high commendation for projects completed this year at the recent Australian Sign and Graphics Association's HP 2022 National Sign & Graphics Awards.

"It is overwhelming for all this recognition to come at once," Mr Corney said.

Lord Mayor Sally Capp said the team at Grafico was a leading example of a Melbourne-owned and operated business that had achieved substantial national success.

"Melbourne's small businesses are the engine room of our economy, and they continue to make our city the place it is today – thriving with ideas, innovation, creativity and sustainability," Cr Capp said.

Mr Corney received a cash prize of \$3000 in recognition of his business's innovation, creative marketing, sustainability initiatives and long-standing connection to the City of Melbourne.

An exclusive invitation to meet with the Lord Mayor



one-on-one, a certificate signed by the Lord Mayor and inclusion in a photographic exhibition as well as marketing and promotional opportunities were other items in the prize pool.

Small Business portfolio lead Cr Jason Chang said small businesses were critical to the city's economy, created thousands of jobs for Melburnians, and contributed to the buzz for which our city is world-renowned.

"These awards celebrate many years of hard work, often building a small business from the ground up, establishing a loyal customer base and adding real flair and character," Cr Chang said.

Homewares, clothing and accessories company MAKE Designed Objects, and local knitwear house Knovus were finalists for the prestigious award.

The Lord Mayor's Small Business Awards also recognised the achievements of 49 Melbourne business owners operating in the City of Melbourne for more than 10, 20 and 40 years. ●

Come for inspiration at Salon Lygon

WORDS BY Carol Saffer ARTS & CULTURE

A Writing Salon is a place of non-judgment, for mutual encouragement and dialogue, where ideas spark and inspiration abounds.

The City of Melbourne Libraries is keeping alive the concept of the Writer's Salon.

Salon Lygon, a new initiative at the Biblioteca Library Pop-up, is hosting two poetry evenings in August.

The city's libraries created the concept to encourage poets, creatives and thinkers to unite to reinvigorate the Carlton creative community.

The first night, Wednesday, August 17, is to honour the iconic poetry of Ania Walwicz.

Born in Poland, she and her family emigrated to Australia when she was 12.

A Victorian College of the Arts graduate, Ania started her career as a visual artist. Her first book of poems, *Writing*, published in 1982, established her fragmented and unconventional style.

Prithvi Varatharajan and Alex Skovron will read on the night.

Poet and essayist Prithvi Varatharajan's poetry is published widely in Australian Journals. His essays have featured in the Sydney Review of Books, Meanjin, Adaptation, Cultural Studies Review and Peril.

Alex Skovron was born in Poland, lived briefly in Israel, and arrived in Australia aged nine. He is the author of seven poetry collections, a prose



▲ Ania Walwicz. Photo: Nicholas Walton-Healey, State Library Victoria.

novella, *The Poet* (2005), and a book of short stories, *The Man who Took to his Bed* (2017).

On Wednesday, August 31, Claire Gaskin and Dominique Hecq will read.

Claire Gaskin has been writing and publishing her poetry extensively for more than three decades. She is a long-term creative writing teacher, a facilitator of creative writing workshops, and a poetry lecturer and supervisor at various universities.

Dominique Hecq grew up in the French-speaking part of Belgium. She now lives on the unceded land of the Wurundjeri people of the Kulin Nation, Melbourne, and writes across genres and disciplines, and sometimes across tongues. The second edition of After Cage: A Composition in Word and Movement on Time and Silence is fresh off the press.

As Salon Lygon, at 185 Lygon St, Carlton, is an open-mic event, the audience is encouraged to perform their works.

Light refreshments will be available at the venue, with the readings running for two hours, beginning at 7pm. ●



Finding safe accommodation is the first step on the way out of homelessness. Peer educator Lisa Townsend shares her story for Homelessness Week.

After contending with the daily grind of homelessness on and off for more than 20 years, Lisa Townsend thought she'd heard it all.

Then one question changed everything. A case worker sat beside her and asked: 'How do you want to do this? What are your goals?'

Lisa had just inched her way into a private rental after a four-year stretch of sleeping rough on the streets of Melbourne

To have someone ask her what she needed was overwhelming.

'I'd lost sight of what I wanted to do in life. What my passions were. I remember saying, "Can you leave it with me?" because I had to think about it.'

Over the years, her many abrupt interactions with homelessness services had left her with what she describes as 'system fatigue'.

'For whatever reason I thought I didn't deserve the support. Didn't deserve a home.'

The memory of that conversation still brings up strong emotions. Even now that she's got a roof over her head, and purpose in her life. As a member of the Peer Education Support Program at the Council to Homeless Persons, Lisa channels that emotion into being an advocate for change in the sector.

But before she could figure out what came next, Lisa had to put herself right. Poor mental health, addiction, sickness, family violence and unresolved troubles with the court were weighing her down.

'Everything gets put on the backburner when you're constantly chasing food and shelter.'

'When you get a chance to stop, that's when you find yourself looking at the issues that led you to homelessness. That's when the real work begins.'

This is where City of Melbourne's new Make Room project comes in. It's designed to step in and break the cycle that perpetuates homelessness.

Make Room puts people first

We're teaming up with expert partners to transform a Council-owned building

valued at \$12 million into specialist supported accommodation for up to 50 residents, for up to 12 months.

Make Room will help people reclaim their lives. Wraparound services will help each person recover and heal their own way. That might be anything from mental health support to help with legal issues.

As a person with a lived experience of homelessness, Lisa supports the Make Room model.

'Make Room would have been useful to me, 100 per cent. Especially the way it's set up, putting a roof over your head then bringing in the wraparound services like mental health and dental and legal. Those are the game changers.'

'It means people will get a chance to sit down somewhere safe and have time to themselves. And because they won't be constantly chasing food, warmth, accommodation, they can start to recover from trauma and find a sense of self again.'

Make Room is a unique partnership between the City of Melbourne, the Victorian Government, Unison Housing, and the philanthropic and corporate sectors.

Unison Housing recently signed the lease agreement to convert the six-storey building at 602 Little Bourke Street.

'This is an ambitious project that will help people break the cycle of homelessness and take the first crucial step to securing long-term housing,' Unison Housing CEO James King said.

One step at a time

Lisa knows that even when accommodation becomes available, there's still a long road ahead. Finding the right support is crucial at each step along the way.

'When I first moved into my place I didn't know how to get back to normality.

'It took me months to actually sleep in my bedroom. Or realise I could eat something after 5 o'clock, or have a shower at midnight. When you're on the street everything shuts at 5, so you condition yourself.' 'The Make Room project is brilliant and everything like that, giving people housing for up to a year. The next thing is where do they go when they get to the end of their stay? We need more affordable housing. Bottom line.'

That's why she's lending her voice to the conversation.

'Because of my lived experience, and the advocacy work that I do, I think I've found my path. It can be confronting talking about difficult situations again and again, but it's an exciting time, knowing that people want to listen.'

Find out more about Make Room at participate.melbourne.vic.gov.au/make-room



Donate to Make Room mcf.org.au/makeroom

HOW WE HELP

Reducing homelessness is a priority for the City of Melbourne. As well as Make Room, we invest in many initiatives to improve pathways out of homelessness.

- Our daily support team supports people who are experiencing homelessness to access services that coordinate housing and health intervention.
- We convene the Melbourne Service Coordination Project, which brings together 14 partner agencies to provide a tailored response for people sleeping rough.
- A dedicated library social worker provides support services to people experiencing homelessness.
- We established Homes
 Melbourne to improve housing
 access and affordability in
 the city, and deliver housing
 developments on City of
 Melbourne land and underused
 properties.



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Your City of Melbourne community update

MOBILE LIBRARY DRIVES DIGITAL LITERACY



The City of Melbourne has launched its first mobile library van – and it might just be popping up near you. 'Mel-van' has hit the road, making it even easier for Melburnians to access books and resources, Wi-Fi and digital support.

The colourful van will visit those who may find it difficult to access Council's six library branches, including school children, the elderly and culturally diverse communities – popping up at neighbourhood houses, community centres, parks, and festivals and events.

With a collection of books, technology, craft supplies and games, handpicked for the communities en route, Mel-van also offers a publicly accessible Wi-Fi hotspot, enabling library staff to connect community members with online resources including the City of Melbourne's digital library collection.

Mel-van is part of our pop-up library series, joining a food-themed library in the Queen Victoria Market precinct, a library for kids at Fed Square, the Express Book Bar for



city workers on Little Collins Street, the Lygon Street Biblioteca for enthusiastic writers and the Bourke Street Micro-Lab.

The initiative is part of the \$200 million Melbourne City Revitalisation Fund - a joint partnership between the City of Melbourne and the Victorian Government.

To find out more about our new library on wheels – as well as what's on at our other six library branches across the city – visit melbourne.vic.gov.au/libraries

HAVE YOUR SAY ON GREENLINE

The Greenline project will transform the north bank of the Yarra River all the way from Birrarung Marr to Bolte Bridge.

We're inviting the community to share their thoughts on the first project in Birrarung Marr which will kickstart in 2023.

To have your say from 1 August, visit participate.melbourne. vic.gov.au/greenline

COUNCIL MEETING IN THE COMMUNITY

We're holding the second Future Melbourne Committee meeting of each month in community locations across the municipality.

We want to make it easier for people to engage with councillors and staff and shine a light on the unique needs of each neighbourhood.

This month, join us in East Melbourne on Tuesday 16 August at 6pm at Pullman Melbourne, 192 Wellington Street.

For more information, visit melbourne.vic.gov.au/aboutcouncil

REPORT IT ONLINE

From graffiti to abandoned vehicles, you can report amenity issues online, around the clock. Get in touch from your smartphone when it suits you and we'll get on the case.

Find out more at melbourne.vic.gov.au/contactus

FOOD AND GARDEN ORGANICS SERVICE

New bins for food and garden waste have been rolled out to more than 23,000 homes across the city, and we've already collected more than a thousand tonnes of organic waste and diverted it from landfill – that's the equivalent weight of 46 trams!

Find out how you can help by visiting melbourne.vic. gov.au/foodgardenwaste

COUNCIL MEETINGS

Watch meetings live from wherever you are thanks to our live-streaming capability. Tune in live or catch up later.

Find all the details about Council and committee meetings at melbourne.vic.gov.au/aboutcouncil

GET NEIGHBOURHOOD NEWS STRAIGHT TO YOUR INBOX



Sign up to receive news about what's happening across the City of Melbourne direct to your inbox each month.

To be the first-in the-know, subscribe now at **magazine.melbourne.vic.gov.au** or scan the QR code.

COUNCIL BACKS BINS4BLOKES TRIAL

One in 10 men across Australia are living with some form of incontinence.

Melbourne is set to be the first capital city in Australia to trial the installation of incontinence product disposal bins in its facilities.

The BINS4Blokes initiative will see bins installed in male and all gendered toilets across six Councilowned facilities, including libraries and hubs, recreation centres, and community baths.

The City of Melbourne is an inclusive and accessible city and we want people who experience incontinence to have access to services so they can manage their needs without shame or stigma.

Councillor Jamal Hakim said it's important more people have access to proper disposal bins for their incontinence products – particularly given many instances of incontinence can be much better managed with the right resources.

"With the proper facilities to dispose products, we hope those living with incontinence can continue getting out and about, and doing what they love when they're here in the City of Melbourne." Cr Hakim said.

"The trial will not only showcase a practical solution for those living with incontinence, but importantly, raise awareness and facilitate a muchneeded conversation on the topic," he said.



The BINS4Blokes initiative led by the Continence Foundation of Australia will also serve the important purpose of reducing the stigma around bladder and bowel control health. The stigmatisation of incontinence can affect the emotional and physical health of people and prevent them from attending school or work, participating in sport and engaging socially.

Like our pilot program to provide free period products in a range of locations across the city, this trial will also be used to provide options on the expansion of the program across City of Melbourne facilities and offices.

Endorsed unanimously by Council in May, the trial will begin on 1 September.

For the trial period, bins will be installed at:

- Library at the Dock
- City Library

- Carlton Baths
- Melbourne Town Hall public toilets (on Collins Street)
- North Melbourne Community Centre
- Kathleen Syme Community Centre.

Users will be able to locate the disposal bins via the National Public Toilet Map, a web-based map and phone app that shows the location of more than 19,000 public and private public toilet facilities across Australia. Users will be able to highlight the location of toilets that have incontinence product disposal bins.

To find a toilet near you, visit toiletmap.gov.au



[FACT] 1.34 million Australian boys and men experience incontinence

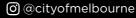


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High-rise public housing residents' welcome new community health program

WORDS BY Brendan Rees
HEALTH

Carlton's high-rise public housing is set to be supported by a new community health program which will see residents employed to assist with health promotion and connection services.

The state government announced it would deliver a program called Community Connectors which will build on the "lessons learnt and successes" of the High-Risk Accommodation Responses (HRAR) program, which was provided by community health services across the state during the pandemic.

The new program will see teams of residents employed to act as a "connector" to link people to preventative and early intervention health and social services as well as access to vaccinations and testing.

It comes as funding for the health concierge program, a partnership between cohealth and the Department of Health and Human Services (DHHS), ended on June 30. It had proven vital in disseminating health information during the pandemic as well as monitoring the health and wellbeing of residents at high-rise towers.

This prompted Victorian Greens leader and Member for Northern Metropolitan Region Samantha Ratnam to call on the state government to urgently renew the HRAR funding as "community organisations will leave the estates and so many great local programs will end".

Hodan Noor, a high-rise public housing resident on Lygon St and former health concierge, said while the Community Connectors program was a positive measure in which community members welcomed, the "modalities of how they will function are not clear still".

"We still hope all HRAR teams will be given priority for employment without any HR bureaucratic bottlenecks in the hiring process and interviews to sieve through every other applicant," she said.



▲ Hodan Noor (third from right) and Cohealth's health concierge workers at the Carlton Housing Estate last month.

Photo: Murray Enders.

"The people need quick help now; people are just wondering how the DHHS left them at the time they needed them the most. The new variant of COVID-19 is taking its toll on the community, the people in Carlton are confused, perturbed and too many parents and their kids are sick, with no clear information on where to get help."

A Victorian Government spokesperson said Community Connectors would "in many cases" continue to employ residents who had been supported during the COVID-19 emergency.

"By leveraging existing community connections and embedding resident voice into the community health partnerships, the program will increase access to health services and improve well-being outcomes amongst communities," the spokesperson said.

"It will also create sustainable employment pathways for residents and work together on localised health and wellbeing responses in partnership with residents and local communities."

The program will also connect residents to social care services where relevant, such as family violence, child and family services, financial aid, and food relief.

In the meantime, Ms Noor said with hospital

wait times blowing out in emergency departments, "we have to get quick solution for the people".

"They need vaccinations, they need testing kits, masks, sanitisers as usual and of course nurses/lab techs for the PCR tests as the usual RAT tests don't show these new variant strains and chronic cases of flu," she said.

After funding ended for the health concierge program, Ms Noor has volunteered in the community with Cohealth supplying her with masks and RAT tests, however, this is "not able to reach everyone due to a lack of funding support to facilitate many people distributing it".

The state government will fund the \$8.5 million Community Connectors program that will support public housing high-rise communities across the inner suburbs of Melbourne including Carlton and North Melbourne.

Cohealth chief executive Nicole Bartholomeusz said the health concierge model had been a "gamechanger" and "we must not forget the lessons learned about the value of community empowerment in improving people's own health and wellbeing".

"We are incredibly grateful to the residents who stepped up to work on the frontline to make sure communities hardest hit by the pandemic had the support they needed."

The Victorian Healthcare Association said while it welcomed the additional funding and continued focus on supporting Victorians in high-risk settings, it raised concerns about the impacts of short-term funding for programs like HRAR. •



Brendan Rees

JOURNALIST

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COM.AU

"Hey, I'm Dave; pleased to meet you"

WORDS BY Carol Saffer COMMUNITY

Everyone has those days when life is tough, and there doesn't seem to be a way clear.

People experiencing hardship, homelessness, or disadvantage now have an opportunity once a month to escape, breathe and chill with like-minded others.

"Disco" Dave Gunstone and YMCA Victoria programs coordinator Sophie Milton, welcomed eight local people to the first of what they hope will be many Y Monthly Social Nights on Monday, July 4.

Mr Gunstone's vision for this new social program is for a crowd of those who are tired, stressed, and experiencing hardship and don't want to be pushed into anything.

"I thought if I could organise something where people could simply come and relax, chill out in a quiet space and offer them a couple of hours indoors during the winter weather, it could be helpful," Mr Gunstone said.

"[On the first night] we had some really nice food, and the social was really good, and everyone loved the movie we picked."

Mr Gunstone knows from lived experience that homeless and disadvantaged people often need the opportunity to put their feet up and lie back in a quiet social space.

It's about being with others who may have experienced similar things in life and not feeling isolated or judged. Most importantly, there is an understanding around respect and privacy; you know where you sit with anyone.

Mr Gunstone said more volunteers were always welcome.

The Y Monthly Social Nights are held at the Carlton Baths, 248 Rathdowne St, Carlton, on the first Monday of every month from 6pm to 9pm. The free event is open to anyone aged 18 and over and is an alcohol- and drug-free space.

For more information, contact Sophie Milton on **0414 767 724** or "Disco" Dave Gunstone on **0401 802 548**. ●



CNLC opens for power saving bonus support

WORDS BY Kaylah-Joelle Baker COMMUNITY

Locals in Carlton who are unsure how to go about applying for their Power Saving Bonus can now go to Carlton Neighbourhood Learning Centre's Open Door for support.

Launched in 2021, the Power Saving Bonus program was available for concession card holders whereas this year all Victorian households are eligible to apply for the bonus.

To continue to support those who don't readily have access to computers or understand how to go about retrieving the bonus, the Victorian Government is partnering with community organisations.

"As a trusted community managed not-forprofit organisation, Carlton Neighbourhood House is playing a crucial role in helping residents at the Carlton public housing estate access the payment," Minister for Energy Lily D'Ambrosio said.

The process to complete the application will take about 10 minutes for the outreach team, all that is required is for people to bring a copy of their electricity bill. Following the announcement of the bonus, manager of Open Door Elle Morrell said it was great that there was "help for [their] community".

Open Door will be open from 9.30am to 4.30pm, from August 15 to 18 and again from August 22 to 25 at 480 Lygon St. ●

The Sisters sharing the history of Mary MacKillop and leaving a legacy

WORDS BY Kaylah-Joelle Baker HERITAGE

As Mary MacKillop Heritage Centre approaches its quarterly Open Day on August 6, the Sisters of Saint Joseph at the centre are working hard to share the story of Australia's first saint Mary MacKillop.

The centre at 362 Albert St, East Melbourne, is the fourth Providence building where Mary and the Sisters of Saint Joseph looked after destitute women, boarded young country women, schooled children and provided night school for young men.

"The main building of the centre was the original Providence and then 20 years later the house next door was purchased, but the number of destitute women were few so the main building became the Convent and the bought one was for country girls," Mary MacKilliop Heritage Centre volunteer Patricia Williams said.

"The idea was that they could stay there for a year and find their city feet, and it gave them time to adjust to being in the city. But it closed in 1996 because there was not the same need."

Dedicating more than 60 years to the work of the Mary MacKillop Heritage Centre, which is now a museum and a chapel, Patricia is a wealth of knowledge and in charge of conducting the guided walking tours on the Open Day.

"When I retired in 2017, I volunteered to be a volunteer support because I noticed volunteers are not always supported and resourced to do what is asked of them, but when that no longer worked out I stayed on with other tasks," Patricia said.

"Now I do a lot of the leg work by showing groups around, researching a lot of the history on this place and doing the guided walks on Open Day to the four Providences which have become very significant."

The hour-and-a-half walks have been carefully planned by Patricia.

As well as taking people around to all four



Providences that have been marked with plaques she also organised, the walking tours include historical facts about the city in the late 19th century when it was "Mary MacKillop's Melbourne".

This love for learning and helping teach others is something Patricia has had since a very young age.

Growing up in the country and having to move into her grandmother's home with her parents and five siblings when her father went broke, Patricia wasn't granted a schoolg education.

But when her younger siblings started going to the local Sisters of Saint Joseph school she learnt more about Mary MacKillop and giving her life to God, and she wanted to seek an education.

"My own education was pretty horrible, and I thought maybe I could do something by way of a better education and contribute to helping others," Patricia said.

"I came into the Convent and did training, then two years of religious training and then teacher training on top of this which was very good."

Teaching for 30 years before becoming a pastoral assistant and then involving herself in The MacKillop Institute's Seasons for Growth educational program, Patricia is an example of the



When I retired in 2017, I volunteered to be a volunteer support because I noticed volunteers are not always supported and resourced to do what is asked of them, but when that no longer worked out I stayed on with other tasks. Now I do a lot of the leg work by showing groups around, researching a lot of the history on this place and doing the guided walks on Open Day to the four Providences which have become very significant.



women dedicated to living out Mary's legacy.

"We don't have the same number of people joining now but we have done our job and held the system together for one hundred years," she said

"If there are no Sisters of Saint Joseph anymore, it won't matter because the work goes on through the MacKillop Family Services and I think we have been the forerunners for lots of things that will continue."

Mary MacKillop Heritage Centre's August 6 Open Day will be from 10am to 4pm, with another opening on November 12. ●

Transforming lives with Dynamic Psychotherapy



"You can't go back and change the beginning, but you can start where you are and change the ending."



WORDS BY Jack Hayes

These words from C.S. Lewis form the foundations and practice of Carlton based psychologists, Dynamic Psychotherapy.

The Drummond St practice specialises in Intensive Short-term Dynamic Psychotherapy (ISTDP), an "accelerated form of psychodynamic psychotherapy designed to provide rapid access to the unconscious and deep and lasting change."

Founder and director of Dynamic Psychotherapy Dr Julie Cochrane has already had a long and decorated career in the field of psychology, however, the journey to opening her own practice started with a formative beginning in the police force.

"With that you see a lot of people who are suffering both in the community and the police system," Dr Cochrane said. "There was something in that that drove me to want to find skills that would give people a chance to suffer less emotionally."

"I saw these young people come in who were incredibly idealistic and want to be a positive change for the community but that constant exposure to trauma can erode even the most positive spirit."

In 1996, after studying the work of ISTDP founder, Dr Habib Davanloo, and the teachings of British author, David Malan, Dr Cochrane became Australia's first practitioner of ISTDP.

Given her lived experience, Dr Cochrane has a particular interest in working with first responders experiencing PTSD.



"Trauma doesn't have to shape the rest of your life. Sometimes it can mean having a crisis to change your life and give you a better future," Dr Cochrane said.

"We aren't trying to minimise people having crises, but it can be a catalyst to bring about positive change in their lives."

"All of the clinical psychologists, psychologists and therapists who work with us are passionate about that one goal; to alleviate pain and suffering."

ISTDP focuses from the beginning, trying to understand repetitive patterns in relationships that result in suffering.

According to Dr Cochrane, feelings and impulses that early caregivers did not tolerate, evoke anxiety and are covered by cognitions, behaviours or other feelings, known as avoidance mechanisms or defences.

If the avoidance mechanism or defences work well, little or no anxiety is experienced.

If the avoidance mechanisms or defences fail in keeping the feelings down, anxiety rises at the prospect of the feelings rising to the surface.

The practice and teachings of ISTDP and related psychotherapeutic modality, Cognitive Behavioural Therapy (CBT), have underpinned the foundations of Dynamic Psychotherapy, so much so, the practice currently runs a number of core trainings, and co-runs advanced trainings with Jon Frederickson MSW, fostering a new generation of ISTDP experts.

"There is something special about the kind of psychologists who spend six or seven years at university and then want to commit to another three years of intensive training," Dr Cochrane said.

"It has grown organically where we initially had one training course, then more and more, now we have seven training courses a year, which last for three years."

"All of our therapists are committed to the

goal of relieving the pain and suffering for people experiencing trauma, PTSD, relationship difficulties, eating disorders, phobias including social anxiety, family conflict, presentations of anxiety like OCD, and depression."

One of Dynamic Psychotherapy's new generation therapists is Terry Kung, a provisional psychologist who is in the process of completing ISTDP training.

"I see a really strong value in ISTDP to hold clients in their emotional space and regulate their anxiety so we can help fully experience what is going on in their world," Mr Kung said.

"What that might look like in therapy is assisting the client to pay more attention and be mindful of their inner experiences, emotions and thoughts. Watching your physiological sensations that arise without being entangled by them; it is closely related to the practice of mindfulness."

"A helpful tool that anyone can use at any time of any day is as simple as breathing. The ability to switch your attention in a gentle way, you can focus on slow, deep breathing through the belly."

"What is important to notice during that process is where our mind and thoughts tend to go to and the sensations that might arise as we do that, but to practice when they arise to gently guide our attention back to your breath to regulate physiologically, but at the same time through the watching of your thoughts and sensations, it provides a clarity and an awareness of what is going on in your world."

Mr Kung said one of the true strengths of Dynamic Psychotherapy was the suite of diverse and energetic therapists who came from different backgrounds and spoke different languages.

"With an area like Carlton, and the inner city as whole, our therapists can be more readily available to tap into and share lived experience with our clients," he said.

Mr Kung offers low-cost therapy for individuals experiencing financial hardship. ●

For more information: dynamicpsychotherapy.com.au

Two inner-Melbourne independent institutions join forces



There are interesting times ahead for the inner-Melbourne real estate landscape as two of the sector's strongest independent agencies merge.



In a bold move designed to expand their substantial market shares across the highly competitive central Melbourne marketplace, Dingle Partners and Caine Real Estate inked a deal in early July that sees the two organisations join forces.

The merger establishes a real estate services group that now boasts offices in the CBD, St Kilda Rd, Southbank, Carlton, Collingwood and Richmond.

The merger coincides with a year in which Dingle Partners celebrates its 50 years of operations, and Caine Real Estate marks 25 years of successful operations in the industry, demonstrating the significant legacy and longevity of the two firms.

Jacob Caine, who previously helmed Caine Real Estate, has been appointed Group Chief Executive Officer.



In a letter to the group's clients, Mr Caine has been charged with marshalling the organisation as it seeks to "cement its position as the dominant force in inner-Melbourne real estate".

Mr Caine, a current director of the Real Estate Institute of Victoria, is a graduate of Melbourne University, Monash University Business School and Harvard University.

He served on the board of realestateview. com.au for more than three years, where it is understood he played a pivotal role in the recruitment of current CEO Toby Balazs from realestate.com.au and was involved in the realisation of a joint venture between Antony Catalano's Australian Community Media and the realestateview.com.au business.

Respective founders Malcolm Dingle (Dingle Partners – 1973) and Paul Caine (Caine Real Estate – 1997) will continue as directors of the organisation focusing more of their attention on its extensive list of high-value clients.

The amalgamation of the two organisations creates an organisation with a formidable property management and sales business with incredibly strong market share and profile across Melbourne's inner ring, and will present a challenge for smaller agencies competing with the newly-merged firm's host of experienced and award winning consultants. •

For more information: dinglepartners.com.au

Morning coffee meeting

There was once again a good turnout for the monthly East Melbourne Neighbour Network (EMNN) Morning Tea on Friday, July 8.

WORDS BY Sue Henderson

With intermittent showers sweeping overhead outside a good turnout of 33 well rugged-up folk were at the Henderson home for a very interesting presentation from Arthur Andronas.

Graeme Smith introduced our guest speaker, Arthur Andronas, who is a heritage architect who has won many prestigious awards for his work over the years.

Arthur said that the theme of his talk was design influence, and how ideas go around the world

Arthur's projects have included work on the spires of Newman Chapel, St Patrick's Cathedral, St Paul's Cathedral, St Mary's Cathedral (Sydney) and Yan Yean Reservoir.

He showed aspects of the Parthenon Marbles and how Greek/Roman/Byzantine influences had found their way to England in the 18th century, and eventually to Australia.

Arthur oversaw the renovation of Queen's Hall at the State Library, and it certainly looks worth a visit to see the "archaeology" of the building that has been uncovered in the renovation

It was interesting to hear that a lot of old

buildings, such as cathedrals, need maintenance reviews every five years if they are to last; examples throughout history of ruins that have been neglected bear testimony to this principle.

The next meeting will be at 10.30am on Friday, August 12 at 67 Grey St, East Melbourne.

Our guest speaker is Moira Rayner, an Australian based barrister and human rights advocate. She was the third Victorian Commissioner for Equal Opportunity among many other influential positions.

Health and wellbeing program

The EMNN aims to create a thriving and inclusive community and provide a range of enjoyable activities for people of all ages. Please join us!

Mondays

- Health Qigong. Cost: \$96 for eight weeks. Running to September 19, 9am to 10am. Subject to availability
- Chair Yoga. Cost: \$96 for eight weeks. Running to September 19, 10.30am to 11.30am.
- Gentle Yoga. Cost: \$96 for eight weeks. Running to September 19 (no class on August 8), 5.30pm to 6.30pm. There is also an option to attend class via Zoom if required.
- Book Group. This new book group has recently commenced and new members are welcome. Mondays, 7pm.

Tuesdavs

• Walking Group. A medium paced walk around the neighbourhood/parks/gardens. Stop for a coffee along the way or at the end. Meeting at the Visitors Centre, Fitzroy Gardens, 8.30am to 9.30am (ongoing).

- Pilates (new class). Cost: \$84 for seven weeks (\$12 per session). Running until September 20, 9am to 10am.
- Tai Chi. Cost: \$90 for nine weeks. Running until September 20, 10.30am to 11.30am.

Thursdays

- Pilates. Cost: \$96 for eight weeks. Presented by experienced instructor Alissia, subject to her availability. Running until September 22, with three session times: 9am to 10am, 10.30am to 11.30am and (for men) 12.30pm to 1.30pm.
- Ukulele for Beginners. The ukulele is an
 easy and fun introduction to learning a
 musical instrument. Develop musical skills
 in an encouraging environment where
 students share ideas, skills and tips. BYO
 ukulele or borrow one for the session.
 Ongoing classes, 3pm to 4pm.

Fridays

• Gentle Exercise – "Move It or Lose It". Cost: \$80 for eight weeks. These two classes focus on balance, stretching, strength and light cardio to keep you active and confident. Presented by experienced instructor, Jeff. Ongoing classes – 9.30am and 10.45am

For further information about classes or if you have ideas on other activities you would like

to participate in, please visit our Facebook page East Melbourne Connect or contact either Sue on 0402 356 533 or via email at emnn3002@gmail.com, or Ann-Maree on

0417 173 818 or via email at emnn3002@gmail.com.

All classes are held at Powlett Reserve Community Room which is located beside Powlett Reserve Children's Centre and Kindergarten, corner of Grey and Simpson streets, East Melbourne (enter from Grey St).

No classes are conducted on public holidays and all participants must be fully vaccinated. Classes/class numbers subject to change due to COVID restrictions.

You can attend first class without commitment if you wish to check suitability.

Local event

We invite you to support our local style musical theatre. See brochure for more details.

Camelot – Sunday, August 14, 2pm at Holy Trinity Church, East Melbourne.

Duration: one hour – no interval. Cost: \$20. New ideas are sought from the community as we seek to provide additional meaningful, fun, and engaging activities for all age groups. Any resident of any age who would like to get involved – the EMNN would love to hear from

Your ideas and involvement will help strengthen our community and enhance the health and wellbeing of your neighbours. •

For more information: emnn3002@gmail.com

CARLTON HISTORY

Carlton's citizen soldiers



Up until 1948, Australia had no permanent standing regular army. Instead, it relied on "citizen soldiers"; young men who lived at home rather than in a barracks and held regular civilian jobs, but who donned a uniform to parade and train in military skills in their spare time, after work and at weekends.



Only a small core of professional soldiers was maintained whose main task was training, making sure that in a time of war the "citizen soldiers" could be trained up quickly to be combat ready. The citizen soldier army was normally referred to the "militia". Most militia units were infantry regiments, but there were also specialist engineering, medical and artillery units.

In the years between the First and Second World Wars, Carlton was the home of two militia units, an infantry regiment based in a drill hall in Grattan St, and an artillery regiment based in a drill hall and depot in Park St, North Carlton. This latter was the 8th Field Regiment, Royal Australian Artillery. The men of this unit trained regularly in their drill hall in North Carlton, and from time to time put on public events and displays for their relatives and friends.

For example, in June 1936, *The Age* newspaper reported that the 8th Field Regiment was inspected by Major General Sir Thomas Blamey at their drill hall, and "an interesting programme of a varied nature" arranged for the entertainment of parents and friends. This included boxing, wrestling and physical culture displays, but also gun drills and the firing of blank rounds from their artillery pieces. One can imagine the effect that this had on the residents of nearby streets, especially if they had not been forewarned.

When war was declared with Germany in 1939, all members of militia units were called up for compulsory military service, and training became more serious. In October 1939, a huge camp was organised for the militia in Seymour. Ten special troop trains and five ordinary trains took 6000 militiamen to Seymour to begin one month's training under war-time conditions. Among them was the 8th Field Regiment.

When the Japanese entered the war in December 1941 things became critical as Australia was now under direct threat of invasion. The 8th Field Regiment was moved north to Bonegilla in central Victoria for training, and then to Queensland for further training and coastal defence duties in the area between Brisbane and Tweed Heads. The regiment was finally sent into combat in early 1943 when it went to New Guinea to engage the advancing Japanese forces. In September 1943, the 8th Field Regiment was disbanded and its members and equipment transferred to other artillery regiments as reinforcements. These other regiments where then sent to the island of Bougainville just to the east of New Guinea where they engaged in heavy fighting with Japanese forces in 1944 and 1945. Men from the now disbanded 8th Field Regiment were probably involved in many of the significant battles on that island.

After the war ended in 1945, the Australian Government came to the conclusion that a parttime partially trained militia was not going to



be sufficient for the defence of the nation, and that a fully trained professional standing army was required. The result was that the militia was disbanded, and a regular Australian army created.

At about this time, the depot in Park St, North Carlton, where the 8th Field Regiment had been based before the war, was renamed the Bougainville Barracks, a name it retained for the next 45 years. In 1994 Bougainville Barracks was closed and the land sold by the Defence Department. Today the site is an estate of town houses. •

al Australian Artillery (Militia), being loaded onto a train, probably at Richmond Station, in 1939. (Photo: Argus Collection of Photographs, State Library of Victoria).



Jeff Atkinson
PRESIDENT CARLTON COMMUNITY
HISTORY GROUP

JEFFANN@BIGPOND.NET.AU

STATE MP

PARKVILLE ASSOCIATION

A win for Victorians and a plan to get one million homes off gas!

Hello! I'm Samantha, your Greens MP in the Victorian upper house representing the Northern Metropolitan region. I'm very happy to share that your local state MP for Melbourne, Ellen, has welcomed beautiful baby Luca into the family. Ellen is taking a short period of maternity leave but her staff, and mine, are here to help.

WORDS BY Dr Samantha Ratnam MLC for the Northern metropolitan region

While Ellen is enjoying this precious time with her new baby, I wanted to share with you a very exciting climate win for Victoria on an issue Ellen and the Greens have been working hard to tackle – getting our state off gas!

As we know, gas is a major contributor to the climate crisis. It actually makes up 17 per cent of Victoria's emissions, and it's getting more and more expensive. Research has also shown just how bad gas is for our respiratory health, causing around 12 per cent of childhood asthma.

Yet Victoria's current planning laws require all new homes to be connected to gas, something that really makes no sense. Back in March, Ellen asked the Planning Minister to change these laws to make it easier for new homes to be all-electric and save home-owners from having to transition them down the track.

Unfortunately, the Planning Minister said no and denied this was a substantial issue.

In response to this disappointing response from the government, the Victorian Greens brought a Bill to Parliament that would not only allow homes to be free from gas connections immediately, but also ban all new gas connections from 2025.

Within two weeks of us bringing this Bill to parliament, the Victorian Labor Government announced that it would stop new homes from being required to connect to gas.

This is a small win, but it's an important one. And it goes to show the power your Greens MPs can have in parliament in pushing the government further and faster to get off gas and tackle the climate crisis.

But we won't be stopping here! Victoria still has a lot of work to do to become gas-free and



▲ Greens MPs Ellen Sandell (left) and Dr Samantha Ratnam (right) outside the Victorian Parliament.

this will be a key issue for The Greens in the lead up to the November election.

I'm excited to share that we've announced our detailed plan for a gas-free Victoria, which includes incentives to help 1 million homes get off gas, banning new gas connections from 2025, and stopping all new gas projects – including gas drilling near the 12 Apostles.

You can find out more about our plan to get Victoria off gas here:



None of this would be possible without the dedication of your local MP, Ellen Sandell, who has been fighting for climate action since she very first stepped into parliament (and long before).

Ellen's office is open as normal. If there's anything you need help with, please get in touch with myself or Ellen's wonderful team. •

To contact Ellen's team: office@ellensandell.com

Dr Samantha Ratnam: samantha.ratnam@parliament. vic.gov.au

More than 150 objectors and still climbing!

Many thanks to Inner City News for its great article on the proposed development at 35-39 Royal Parade and the residents gathering last month. We now have more than 150 objections to the development.

I have spoken to Heritage Victoria and other interested parties, and all are watching with interest. Currently, the council is waiting for the developer to respond to questions. We are constantly monitoring!

The Parkville Association held its annual Christmas in July function at Naughtons Hotel on July 25. With more than 60 in attendance, a great night was had by all. The spirit of the attendees was wonderful and new members were welcomed and made to feel part of our wonderful community.

Although part of the inner city, Parkville, whether south-east or west, is a village and a very inclusive suburb. This year we have widened the group to include students. They are a vital part of our community, and it is quite amazing how many retirees living in Parkville moved in as students and are still in the suburb!

Great things are happening at the Parkville Station site with the gantry cranes now removed and the legacy reinstatement program starting soon. There will be more to come soon but the plans for gardens along Grattan St will be quite amazing.

On the subject of Grattan St, the council have not finalised the plans for the reopening of the street. There have been rumours it may remain closed and for bike and bus use only. The council will advise us of plans when they are finalised but for residents of Parkville, Carlton and North Melbourne as Grattan St is a vital gateway to Carlton. For those that have travelled around College Crescent on a wet day or during peak hour it can take more than 30 minutes to get to our local shops. While some of our residents shop in Barkly Square others like to support Carlton due to our historical links and also of course as fellow City of Melbourne residents!

Early August Participate Melbourne will report through a meeting at the Town Hall on the C384 Planning Scheme Amendment inundation overlays. This includes part of Parkville focusing on the proposal that would introduce, modify or remove some properties from a flood overlay. We have lodged a response to the

proposal as frankly there should be no issue for Parkville particularly if the council manage the and update drainage in Ievers Reserve!

The proposed bike lanes on Royal Parade have been delayed until later in the year while some issues are resolved. This will enable issues raised by the Carlton Football Club to be addressed as it has concerns regarding the parking issues adjacent to Princes Park.

Finally in August there will be a Safety Summit with the Presidents of Residents' Groups at the Town Hall. From Parkville's perspective clearly the increased use of scooters on our pavements is an issue. Scooters are great if ridden correctly but used on pavements are dangerous. There have been more than 100 incidents on Melbourne's streets since their introduction and it is important we all feel safe walking around Parkville.

Enjoy August and I am sure we are all looking forward to spring in Royal Park! Watch out for the Maggie's! ●

With more than 60 in attendance, a great night was had by all. The spirit of the attendees was wonderful and new members were welcomed and made to feel part of our wonderful community.





Rob Moore
PRESIDENT
PRESIDENTPARKVILLE
ASSOCIATION@GMAIL.COM

CARLTON INC. TRADER PROFILE

Carlton menswear retailer offers personal service

Bonaparte Men's Boutique has been a fixture on Lygon St in Carlton for 22 years.

WORDS BY Carol Saffer

Owner Horst Schoeps, who has been in menswear retailing for 47 years, said when he first opened Bonaparte, the street was a bustling destination.

"People used to come to Lygon St at night, so this gave the store a lot of exposure," Mr Schoeps said.

He said the secret to his longevity and success was providing top-quality merchandise.

From the front door back to the change rooms, the shop is exceptionally well stocked with an abundance of jackets, shirts, trousers, knitwear and accessories.

Mr Schoeps said the stock didn't date as it was classically tailored and sourced from

He travels to Germany to buy each season's

merchandise and has already purchased his summer 2023 range. Bonaparte is a traditional retailer that doesn't

offer online shopping.

"It doesn't work for us; the customer has to

try it on and has to be advised about alterations to make it tailored to fit the best," he said. "We have long-term customers from all over Australia who return regularly to update their

wardrobe."

"Our customers come here to try the garments on, and the wives need to see and approve their choices."

The store has a unique old-fashioned feel, a little like Fletcher Jones.

Most customers come in to be advised by Mr Schoeps of what is in stock and what would best suit their needs while taking their time to shop.

"It's a relationship I have with my customers, they are more like friends today, and they



sometimes bring sons and grandsons to be introduced." he said.

"There are no other menswear stores like this around here."

"The cheapest item on sale is hanky, and the costliest would be one of the \$1500 cashmere overcoats, which if you went to Collins St, you would pay thousands more."



Bonaparte Men's Boutique is located at 235 Lygon St and is open Monday to Saturday. ●

For more information: bonapartemensboutique.com.au

Melbourne Zoo residents keep cosy through winter

As Melburnians shiver through the coldest months of the year, some of Melbourne Zoo's quirkiest residents have taken a novel approach to beating the winter chill.

Fifteen-year-old Pygmy Hippopotamus, Felix, has been dipping into his heated swimming pool that sits at around 23°C in the chillier months.

Melbourne Zoo carnivores and ungulates keeper Kristen Mitsios said that as an African animal, Felix loved nothing more than a morning splash when the mercury dropped in Melbourne.

"We find Felix in the pool almost every morning in winter," Ms Mitsios said. "He'll often dip under the water for a bit, and when he pops his head above the surface on really cold mornings, you can see the steam coming out from his nose."

Ms Mitsios said Felix's morning swims were not only a great way for him to stay warm but provided him with multiple health benefits as

"Swimming in the pool is a great way for him to regulate his body temperature, and it's also really important for him to be in the water because he is a semi-aquatic animal. So, it's good for his skin and it's great exercise as well."

Ms Mitsios said Felix loved the pool so much that keepers would often place enrichment items, like puzzle feeders and food, on top of the water so that he could use his whole body to forage, eat and play.

"He's an incredibly food-motivated herbivore, and he is very responsive to the training exercises we conduct with him on a daily basis," Ms Mitsios said.



As a Pygmy Hippopotamus, Felix weighs in at a modest 260kg, compared to the Common Hippopotamuses found at Werribee Open Range Zoo that typically weigh about 1500kg.

Pygmy Hippos are native to the forests and swamps of Western Africa, but populations in the wild are declining due to human threats, such as habitat loss, mining and hunting.

Roughly 6000km across the Atlantic Ocean from the westernmost point of Africa in Senegal is the island of Hispaniola, where Haiti and the Dominican Republic share a border, and is home to an array of weird and wonderful lizards, including the Rhinoceros Iguana.

While many reptiles slow down during winter, Melbourne Zoo's Rhinoceros Iguanas, Cornelius and Juanita, made the journey into their new home within the zoo's iconic Reptile

Melbourne Zoo ectotherms keeper Ryan Moes said the exhibit had been specially designed to promote exercise, training and overall



healthcare opportunities for the endangered lizards.

"The new Rhino Iguana exhibit here in the Reptile House has a lot of features that gives us even more training opportunities with them," Mr Moes said. "It also provides the lizards more space to climb and bask in the warmth and exhibit their natural behaviours."

The new space has been designed to provide the Iguanas with a dual climate that allows them the choice to move between a drier desert-like area and a more tropical, rainforest zone.

"In the wild, Rhino Iguanas are found in many different habitat types, from tropical broadleaf forest, right down to arid coastline," Mr Moes said. "So, the space we've built for them here has a mosaic of temperatures that the lizards can move throughout as they choose."

As a primarily herbivorous species, Rhino Iguanas are fed a mixture of leafy greens and

Populations of Rhinoceros Iguanas are declining in the wild and are classified as endangered due to threats of poaching for food and the pet trade, and habitat destruction for charcoal production and tourist development.



Zoos Victoria members and Melbourne Zoo visitors are reminded that all tickets must be pre-booked online.

For more information: zoo.org.au

INNER CITY LOCAL

Nobel Prize winner treasures living in Parkville



Parkville resident Professor Peter Doherty is one of 15 Australian members in the very exclusive global club of Nobel Laureates.



WORDS BY Carol Saffer

He shared the Nobel Prize in Physiology or Medicine in 1996 with Swiss colleague Rolf Zinkernagel for their discovery of how the immune system recognises virus-infected cells.

Mr Doherty said his world changed dramatically when he was awarded the prestigious

"You get a call on the first Monday in October, if it is for the medicine prize, notifying you of the win," he said.

'You have to write a lecture and your biography and then be in Sweden on December 10, the anniversary of Albert Nobel's death, to collect the prize and attend functions for about

"Business class fares, VIP treatment at the airport, your own stretch Volvo limo with a driver and minder, none of this is what normally



happens to scientists."

"I was a well-known scientist in my field but time," he said. winning a Noble Prize puts you on the public stage."

"The media, particularly, were incessant as when Parkville was being developed. I was appointed Australian of the Year in 1997, even though I was living in Memphis, Tennessee."

Professor Doherty had been living in the USA for eight years and was required to return to Australia four times in 1997 to tour capital cities Association was very aggressive about protectand speak at events.

The media made a fuss about his American into a university or medical precinct. accent and his lairy tie with pictures of kids all over that he wore.

"I was working at a children's hospital at the

Professor Doherty and his wife live in a semi-detached row house built in the 1860s

"I hate commuting, particularly by car, so we paid a lot of money for a very small house in Parkville," he said.

Professor Doherty said the Parkville ing the suburb from being swamped or changed

"It is a delightful area, somewhere where people can see how Victorian Edwardian

"We are temporary tenants holding the place for the future."



Melbourne was like."

We are temporary tenants holding the place for the future."

He is publishing his eighth book in August and writes a weekly essay for the Peter Doherty Institute for Infection and Immunity.

The Doherty Institute, a partnership between the University of Melbourne and the Royal Melbourne Hospital, is a centre of excellence where leading scientists and clinicians collaborate to improve human health globally.

Referring to the Australian Laureates club, he said they all knew each other.

"I know all the scientists, probably Brian Schmidt the most, as I am very involved in climate change and action, and Brian is very involved in that too," he said.

In his book The Beginner's Guide to Winning the Nobel Prize, Professor Doherty writes about the topics that make him tick. He strongly believes the field of science helps make the world a better place to live. •

Rotary marks Nelson Mandela Day with youth summit

Nelson Mandela International Day, established by the United Nations, was celebrated on July 18. Mandela Day is a global call to action that celebrates the idea that each individual has the power to transform the world, and the ability to make an impact.

WORDS BY *Ian Ada*PRESIDENT, ROTARY CLUB OF CARTON

Since 2020 the Centre for Optimism in Melbourne has organised a Nelson Mandela Youth Leadership Summit on this day to bring together a diverse group of youth to create a group of connected future leaders.

This year 88 students from a number of Melbourne and Shepparton schools came together in the Legislative Assembly Chamber of the Victorian Parliament to listen to international leaders and to experience speaking in the Chamber

The Carlton, Fitzroy, Collingwood and Richmond Rotary Clubs were responsible for liaising with secondary schools in their area to have about 20 students selected to attend the summit. Seven students from Princes Hill Secondary College participated accompanied by assistant principal Anthony Avotins. Keynote speakers included Nelson Mandela Day Australia president Dr Steve Rametse, Ambassador for Ukraine Vasyl Myroshnychenko and Consul General for the USA Kathleen Lively. Students had the chance to sit in the Speaker's Chair and chair individual speakers' sessions.

Dr Rametse had been imprisoned in apartheid South Africa before escaping to Botswana and eventually being accepted as a refugee in Australia. He provided many examples from

Mandela's speeches about the role of leadership, optimism and resilience. He noted that everyone could make a difference if they were dedicated to, and passionate about, what they did, and when people were determined they could achieve anything. One of Mandela's well-known quotes was "resentment was like drinking a poison and expecting it to kill your enemies".

Ambassador Myroshnychenko gave a potted history of his own leadership journey. He was an exchange student for a year in the USA at age 15. He studied at a range of universities in Kyiv, the US and the UK, and joined the European Youth Parliament at 19. He has helped 800 young people get scholarships at the best European and North American universities. The Ambassador co-founded the youth public organisation European Youth Parliament – Ukraine, of which he was the president for the first three years. He is a member of the Rotary Club of Kyiv.

He also spoke about resilience and the role of young people in changing the world. He said resilience came from optimism in a better future. Youth can make a difference using social media and their phone was their most powerful tool.

Consul-General Lively focussed her talk on the role of women in leadership and foreign policy, particularly in the U.S. She noted the first female Secretary of State Madeleine Albright and new Ambassador to Australia Caroline Kennedy were trailblazers. She also



noted resilience came from youth believing in themselves and staying vigilant and informed about issues.

Other speakers included Mt Everest summiteer Daniel Bull, Rotary District Governor Mandi Wendt, and South East Water CEO Lara Olsen

The key message from these speakers was that, although they all had different stories and backgrounds, they all agreed that having optimism and being resilient and persistent helps make a great leader.

The youth were then invited to come to the microphones and share their views on optimism and leadership. About 20 took advantage and expressed optimism for the future, although from different viewpoints. The conclusion was that the summit provided such a positive environment to empower the youth present to believe that change was possible. This was emphasised in the conclusions drawn by a couple of the Princes Hill students ...

"A great opportunity to meet like-minded people to discuss some generational type plans and share hope and optimism" – Thomas Zarro, Year 10.



"So many different speakers leading the way on leadership, hope and optimism. Thanks so much. Awesome" – Celeste Rose, Year 8.

The Rotary Club of Carlton will commence an evening meeting in August, replacing one of our lunchtime meetings.

On the third Tuesday in each month, we will meet at Naughtons Hotel, Royal Pde, Parkville beginning at 6.30pm. If you would like to join us on 16 August, or any other month, to find out a little more about Rotary, please give me a ring beforehand, and we would make you most welcome. •

For more information: iada@bigpond.com.au or 0447 173 084

EAST MELBOURNE HISTORICAL GROUP

Oscar Oesar: man of mystery

In 1946 Oscar Oeser, like many men who had fought in World War II, migrated to Australia. His arrival had already been announced in an article published in The Age on November 24, 1945.

The Council of the University has approached Wing Commander O.A. Oeser of the Royal Airforce and lately of St Andrews University Scotland to the professorship of psychology, which was recently established by the Victorian government.

The Age readers learnt that Professor Oeser had served as a pilot officer in the R.A.F. from 1940 and was promoted to Wing Commander in 1943. His wartime service was therefore accepted as being with the R.A.F. and anyone reading the report would have accepted these "facts" without question. And so, Oscar Oeser settled in as the Foundation Chair of Psychology at Melbourne University and from 1974 to 1976, as a prominent member of the East Melbourne community, became the third president of the East Melbourne Group.

He died in February 1983, his secrets still intact, and it was not until much later that his actual wartime service began to be revealed.

Oscar Oeser was born of German parents in Pretoria, South Africa in 1904. He was a brilliant student and by 1921 was fluent in five languages. By age 22, he had had completed a Bachelor of Science degree at Pretoria University, followed by Master of Science degree, graduating with first class honours from Rhodes University. At 24, he began working as a senior lecturer in physics at Rhodes.

In 1927, he was awarded the Currie Overseas

Scholarship to the University of Marburg in East Prussia and took a Doctorate of Philosophy. However, he was horrified by the rising tide of Nazism within his department and moved to England, completing a second Ph.D. at Cambridge University in experimental psychology. By the age of 27, he had graduated from four universities in three countries and gained Doctorates in two separate disciplines.

From Cambridge he moved to Dartington Hall in Devon where he spent two years teaching, before transferring in 1933 to the University of St Andrews in Scotland as foundation Chair of Psychology.

When war broke out in 1939, Mary, his wife of five years, and their two children returned to Australia, while Oscar Oeser volunteered and theoretically, was placed in the Royal Airforce Reserve. In fact, he was immediately seconded to Bletchley Park, where he worked with Dr Alan Turing in Hut 3 de-coding and analysing enemy messages, that were then dispatched to government and military commands.

As his biographer, Dr Rod Buchanan wrote, "It is not hard to imagine why Oscar was recruited: as well as being trained in a range of sciences, he spoke fluent German and both culturally and psychologically, understood German society and thinking."

In 1943, he left Bletchley Park to join the Allied invasion of Sicily, leading a troop of soldiers which, as the German forces retreated, followed the army and seized signalling equipment, including up-to-date coding machines.

In early 1945, Oeser was recruited by Commander Ian Fleming of Naval Intelligence – later to write the *James Bond* books – for a special and very dangerous mission, to lead a Commando raid on Hitler's "Eagles Nest" above the Bavarian town of Berchtesgaden. The building perched at the top of a mountain, with the only access through huge bronze doors, set in an arch, leading to a wide stone passage and a



▲ Professor Oscar Oeser. Department of Psychology collection, c.1950. Picture: University of Melbourne Archives.

lift which ascended 123 metres or 407 feet up though the mountain to the chalet.

Oeser's T-force team was the first Allied force to raid the chalet and capture the German signalling equipment. They also raided other sites in Germany, including "liberating" a van operating as a transmission centre, with up-to-date Enigma machines. In all, the T-force seized more than seven tons of German cryptographic material.

The war over, Oscar Oeser was given a further task, placed with the British Control Commission for Germany and Austria, where he was the head of a unit testing and assessing civilian officials for positions in the post-war reconstructed German government.

In mid 1947, he was finally released from government service and came to join his family in Melbourne to begin a third life, this time as a distinguished academic at Melbourne University

Later the couple divorced and in 1979, Oeser married Yvonne Raphael, a businesswoman, with an upmarket optical business in Collins St, and two boutique fashion wear shops in the same area. They lived in Gipps St, East Melbourne, and, in spite of busy professional lives, were deeply involved in local issues.

Under Professor Oeser, the University of

Melbourne Psychology Department became a highly thought of research and teaching centre. While at St Andrews, Oeser had undertaken longitudinal research on the effects of poverty and unemployment in Dundee. In Melbourne, backed by the Pilgrim Trust, he led a group of researchers studying the effects of poverty and unemployment on individual goals and aspirations, social structures, attitudes and prejudices. In 1953 he worked with Professor Brian Lewis (architecture) to develop a model city plan for

"By the time the eyes of the world are turned on this country because of the Olympic Games, Prahran will have established itself as the most far-sighted Australian community" – *The Herald*, December 7, 1959.

He also had time for other issues, including an address to the Victorian Federation of Mothers' Clubs on the treatment of left-handed children:

"No child should be forced to change unless a neurologist, a psychologist, and an oculist had first been consulted" – *The Argus*, September 9,

In 1958, he became Dean of the Faculty of Arts. He was a foundation member of the Australian Institute of Aboriginal Studies and of the Australia institute. In retirement, he took up a position with Western Mining Corporation's Human Relations Unit from 1970-1973.

Oscar Oeser died on February 22, 1983, aged 79. His post war life was that of a distinguished scholar and teacher. Under the *Official Secrets Act of 1939*, his wartime record could not be released until after his death.

Jill Fenwick, committee member, East Melbourne Historical Society info@emhs.org.au and emhs.org.au

Kills off the talent too early

There's a lot of discussion in Chris Womersley's new novel The Diplomat about what makes a work of art.

WORDS BY Rhonda Dredge

The protagonist/narrator has studied at the Victorian College of the Arts and likes to philosophise.

As the novel opens, Edward Degraves has quite a few problems he has to solve as well.

Not only is he on detox, but his wife has just died, he's smuggled heroin into Melbourne and his only skill appears to be mixing colours.

Art distracts him from the downside of life. A painting that is read too easily, he suggests, qualifies for a lower case *a* instead of being a work of Art.

Edward and his wife Gertrude have been in the business of forging paintings and the research they did lifted them out of a humdrum existence in '80s London.

This part of his argument holds up but when Edward resolves to go straight when he arrives back in Melbourne it's hard for him to give up the drugs and the fantasies.

This is the fifth novel by Womersley and a sequel to *Cairo* which was set in a block of flats in Fitzrov.

The novel was launched last month at Readings in Carlton and has had good reviews, particularly in terms of its depiction of Melbourne in the '80s so it has quite a lot of inner-city cred.

You could call *The Diplomat* a cross between the typical grounding style of Aussie realism

and the moral dilemmas of Russian formalism.

Many of the tropes, such as poverty, seem hackneyed until they are transformed into art by the creative talent of Gertrude.

In *Cairo* she faked a Picasso that was stolen out of the NGV. In *The Diplomat* she paints little studies on cheap card to hit the right note of pathos for a poverty-stricken genius from middle Europe.

The novel tells the story of the couple as they try and make it in the art world.

Gertrude is the talented one and she uses Edward's colours to paint the fakes they sell to a Russian investor.

Deceit is one of the drugs of their addiction and the tricks they play, while illegal, are not that removed from the art practices of the day. Damien Hirst was big at the time and patrons were paying a fortune to look cool, come what may.

When Edward returns to Melbourne to sort out his life, he doesn't really look that cool. If success is the mark of talent, Edward has none.

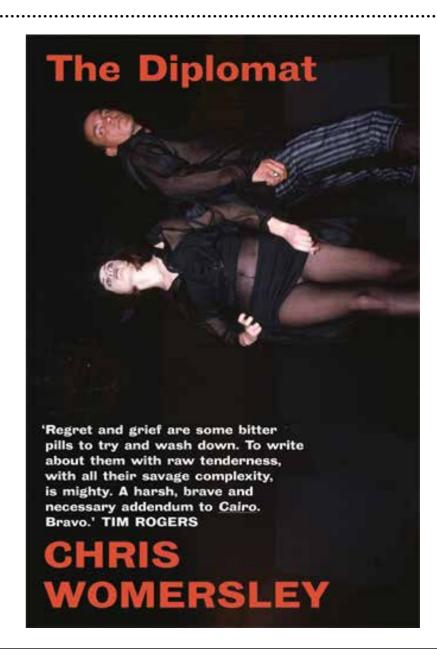
It's hard to pull off a story about a junkie. Fiction takes discipline and this could be what keeps the reader on track. Edward does have stamina, an attribute we've come to admire during lockdown.

He manages to get off his habit and tries to do a drug deal but there's not enough creative tension to really drive the narrative. It's a pity the author killed off the artistic talent so early.

The Diplomat, Chris Womersley, Picador,



Rhonda Dredge
JOURNALIST
R.DREDGE@HOTMAIL.COM



METRO TUNNEL

Metro Tunnel digs prove Melbourne's historical love of coffee



An Australia-first discovery as part of Metro Tunnel Project works has revealed the city's famed coffee culture is decades older than first thought – as far back as the Victorian gold rush.



Archaeologists working on the site of the future Town Hall Station near the Young & Jackson Hotel, one of two new underground stations being built as part of the city-shaping project, unearthed more than 500 coffee beans in a Pompeii-like deposit.

The perfectly preserved beans, from as far away as Sri Lanka, were stored in John Connell's grocery that burnt down in the early hours of September 19, 1855 – some 170 years ago.

What was a catastrophic incident then became an exciting discovery for the team in 2018.

Before construction on the entrances to the underground Town Hall Station could begin, an archaeological excavation had to take place to recover and document artefacts from the site.

The beans – and other artefacts, including English biscuits, pasta and fruit – were carbonised and preserved during the fire, which archaeologists traced to the hour through researching newspapers from the time.

The nationally significant items have drawn comparisons with the ancient Roman city of Pompeii and the eruption of Mount Vesuvius



when the city was buried under layers of volcanic ash.

Excavation director Meg Goulding said, "It's almost like the grocer locked up and left and then we get to see inside 167 years later."

"There's nothing like this type of deposit in Australia."

The nationally significant artefacts have the potential to re-write the city's coffee history.

It's believed the gold rush drove an increase in coffee consumption, despite the city's love of



coffee having long been attributed to late 19th century Melbourne coffee houses and then the waves of Greek, Italian and Turkish immigrants in the 1940s and 50s.

Senior artefact manager Jennifer Porter noted: "We know that at least some of these perfectly preserved beans came from Ceylon − now Sri Lanka. The favourite variety was called 'Ceylon Plantation' and would have been perfect to serve alongside some of the English biscuits, also found intact at the fire deposit." •



No. 014

Quiz



- 1. What is different about the latest 'library' the council has launched as part of the pop-up library series?
- What type of rock are the 12 Apostles made of?
- Who was the most recent pope to be canonised?
- 4. What type of creature turns into a gremlin if it eats food after midnight?
- 5. Which animal has the largest brain?
- 6. The City of Melbourne have just launched what service to help residents connect with one another?
- 7. According to a recent survey, what ratio of city employers are asking their workers to come into the city for four or five days a week?
- 8. In what country is the Canary Islands?
- What is special about Docklands' newest dragon boat club?
- 10. Where are the eyespots on a starfish (pictured) located?
- 11. What building has recently opened for action on Harbour Esplanade?
- 12. Council are considering two new locations for off-leash dog activity; where are they?

QUIZ SOLUTIONS

Ron Barassi Senior Park 10. At the tip of each arm 11. Port Phillip Ferries' new terminal 12. Point Park and entirely of breast cancer survivors five 8. Spain 9. The team is made up whale 6. Neighbourhood Portal 7. One in 3. Pope Paul VI 4. Mogwai 5. Sperm 1. Mobile library (Mel-Van) 2. Limestone

5x5

No. 014

Insert the missing letters to make 10 words – five reading across the grid and five reading down.

L		A		A
	A		E	
A		Ι		0
	E		U	
T		Y		T

SOLUTIONS

WENUS, ADOPT DOMN: LEAST, LAMER, ARITY, SETUP, TRYST **VCKOSS:** FLAMA, EARED, AMINO,

PUZZLES AND PAGINATION ©PAGEMASTERS PTY LTD PAGEMASTERS.COM Aug, 2022

Sudoku

No. 014

Fill in the blank cells using the numbers from 1 to 9. Each number can only appear once in each row, column and 3x3 block

EAS	EASY											
		8	2									
1				9								
5					6	တ		7				
	5	9			6	2	8					
	5 3 6	9		1		2 6 7	8 9 4					
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			9			8 3 5 7	6					
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					6		တ					

SOLUTIONS

EASY									HARD									
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Wordfind

Theme: Social media

The leftover letters will spell out a secret message.

M	Ε	M	Ε	G	N	I	R	Α	Н	S
T	S	0	P	٧	I	D	Ε	0	D	P
W	Ε	В	S	I	T	Ε	T	Α	G	S
ı	L	S	T	Α	T	U	S	R	K	I
T	I	M	Ε	W	A	S	T	I	N	G
T	K	P	R	0	G	R	Α	М	I	٧
Ε	Ε	Н	P	P	Α	R	A	Н	L	С
R	S	0	F	Α	С	Ε	В	0	0	K
D	Α	T	A	Ε	G	Α	S	S	Ε	M
Ε	M	0	J	I	Y	С	Ε	T	U	M
С	0	M	M	Ε	N	T	U	S	Ε	R

ADS	MEME	TAGS
APP	MESSAGE	TIME-
COMMENT	MUTE	WASTING
DATA	РНОТО	TWITTER
EMOJI	POST	USER
FACEBOOK	PROGRAM	VIDEO
HOSTS	REACT	WEBSITE
LIKES	SHARING	

STATUS

LINK

Secret message: Privacy

Crossword

ACROSS 1 Organises (5)

- 4 Person suffering from a fit-causing disorder (9)
- 9 Mover (7)
- 10 More exciting; more fragrant (7)
- 11 Spellcaster (9) 12 Name of artistic
- work (5) 13 Salt and pepper
- dispensers (7) **15** Interments (7)
- 17 Crossing;
- corridor (7) 19 Went around
- the edge (7) 22 Not affected by alcohol (5)
- **24** Unwanted (9)
- 26 Perspective (7)
- **27** Fill; surround (7) 28 Covered;
- protected (9) **29** Cycles (5)

DOWN

- 1 Female siblings (7)
- 2 Ponchos: macks (9)
- 3 Position; move into place (7)

4 White-plumed

- heron (5) Writes in stone
- or metal (9) Broadcaster; polluter (7)
- Turn (5)
- **8** Rugs (7)
- **14** Cave explorer (9) **16** Later (9)
- **17** Priests (7) 18 Transport hub (7)
- 20 Risk-prevention entity (7)
- 21 Hobbles; falters (7)
- 23 Wash (5)
 - 25 Bamboozled (5)
- SOLUTION

No. 014

15

18

19

21

22

23

24

K²⁵ 12

Codeword

K 10 23 24 23 12

OLUTIONS													
X 97	K	E	Ą	Đ	Ò	M	D	W 81	7	J.	H	Ţ	l
K EI	S EI	I	Λ OI	H ₆	U	Õ	Z ₉	B	ď	N E	K	S	

9-Letter

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No capitalised nouns, apostrophes or plural words ending in "s".

Reference: Collins Concise **English Dictionary**



19 words: Good 28 words: Very good 38 words: Excellent

SOLUTIONS

unity, $\mathsf{UNREALITY}$, yale, yarn, yean, year, yearn, yeti, yuan, yule neatly, rainy, reality, relay, relay, riyal, teary, tiny, tray, trey, truly, tyre, unitary, airy, aryl, early, entry, inertly, inlay, irately, laity, layer, lenity, litany, lyre, nary, nearly,

历史遗产公墓被忽视了

当地社区成员呼吁州政府提供紧急支持,保护墨尔本公墓(MGS)遗产,公墓的受托人承诺"投资种植和设施"。

Carol Saffer

一个由市中心居民组成的"拯救我们的公墓"的社区组织(SOC)提出要保护这个墨尔本公墓的历史遗产。

该组织的主席Liz Aird说,这个公墓年久失修。

Aird女士说:"这片土地现在很贫瘠,除了一些原始的柏树和相对较少的其他灌木和树木外,没有植物,在这块43公顷土地上只有8%的树冠覆盖率。"

该组织希望能改变墓地的现状,通过游说而获得资助一个总体规划,以适应其21世纪的需求。

这是维多利亚州第一个通过设计成为公 共公园的墓地,设有弯曲的小径、树木和灌 木、门房和休息亭。

墨尔本公墓(MGC)比South Yarra的皇家植物园还要大,皇家植物园的占地面积为38公顷,其树冠覆盖率为52%。

在最近的2022-23年预算中,墨尔本市政为年度植树计划拨款180万澳元,在全市范围内种植2400棵新树。

由于墨尔本市的绿色树冠对于减轻气候变化的影响至关重要,计划到2040 年将树冠覆盖率从22%增加到40%。

维多利亚州卫生部负责监督由南部大都市公墓信托机构(SMCT)管理这个公墓







历史悠久酒店获遗产保护

卡尔顿历史悠久的The Curtin酒吧被推荐列入维多利亚州遗产名录,进一步挽救其遭到开发商破坏的厄运。

Brendon Rees

今年早些时候,在维多利亚工会委员会 (VTHAC)和澳大利亚国家信托联合提名下,维多利亚遗产委员会建议将这家有160年历史的酒吧列入"州级文化遗产名录"。

这一里程碑式的举动发生在该酒吧于 4月份出售给一家海外的开发商之际,由此 引发了人们对这个受欢迎的酒吧可能永远消 失的担忧,前总理Bob Hawke曾到访过这 个酒吧。

根据VTHAC秘书长Luke Hilakari的说法,如果获得遗产保护批准,新的物主几

乎"不可能"重新对此进行开发,他一直坚定 地致力于保护这个历史遗产,该场所以战时 工党总理John Curtin的名字命名。

他说:"这是一个重要的集体胜利,也是防止珍贵的历史建筑被开发商夷为平地的关键一步,这些开发商往往会牺牲社区的利益而谋利。"

维多利亚遗产委员会是一个独立机构, 将对该建议做出最终决定,并将从7月22日 起公布60天,任何人都可以提交意见。

如果成功,业主将依法对此按照遗产价值进行保护和维修。

Hilakari 先生表示,这意味着整座建筑都无法改变,包括内部结构和壮观的木制酒吧。

他说:"这是一个非常好的结果,我们 非常兴奋"。

就申请重新开发这个酒吧的业主而言,Mr Hilakari先生说,"他们必须做一些与遗产名录的要求相符的事情,我认为他们真的会很困难"。



公园山羊除草

一群山羊在皇家公园过冬,它们是在工作,而不是玩耍。

Carol Saffer

这些山羊的工作是嚼杂草,公园的杂草 影响了大量白蜥蜴的繁殖,这些蜥蜴在皇家 公园已经安家20多年了。

白蜥蜴(White's Skinks)是灰褐色的蜥蜴,喜欢多岩石的栖息地,有生长良好的树冠覆盖。

蜥蜴行动敏捷,喜欢晒太阳,在露出地面的岩石上觅食,或者躲在岩板或树木下的洞穴里

公园里杂草和野草降低了蜥蜴栖息地的质量,因此在7月15日星期五将山羊引入公园

多亏墨尔本市政与墨尔本大学合作进行 的这个试验,使公园得以焕然一新,山羊得 到饱餐,蜥蜴有了日光浴,并且市政不再使 用除草剂。 代理市长 Nicholas Reece 表示,市政急切地想看到山羊能否发挥它们的放牧魔法,帮助改善皇家公园白蜥蜴的栖息地。

他说:"我们不是在拿重要的生态系统 开玩笑,这个项目的规模足以让白蜥蜴能自 由生存。"

山羊被逐步引入皇家公园的七块用栅栏 围起来的园地,春季开始再移走。

另外八块处于自然状态的园地将用作对 比控制园地。

到2023年秋季,将对所有园地的状况进行分析。

墨尔本大学城市生态学研究员 Julian Brown 表示,大学重视参与帮助开发基于证据的城市景观管理技术。

他说:"通过比较放牧和未放牧的园地,我们可以确定山羊是否可以安全地清除杂草并帮助恢复白蜥蜴的栖息地。"

王子公园雨水收集项目

墨尔本市政呼吁居民对王子公园的雨水收集项目提出反馈意见。

Carol Saffer

该项目将从Moonee Ponds Creek收集 多余的雨水,用于浇灌卡尔顿北部地标性的 王子公园。

这一新的浇灌水源将保护王子公园的运动和娱乐场地以及市中心一些最重要的树木免受未来干旱的影响,该项目对公园和小溪具有重大的受益。

王子公园将从Moonee Ponds Creek 获得超过6千万公升的水,占其所需水量的 80%

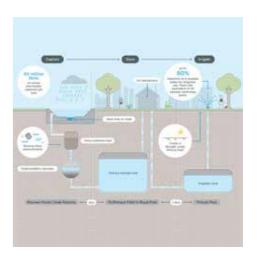
这种可持续的自然水循环将不再使用自 来水补充公园土壤水分的需要。

Moonee Ponds Creek每年要清除杂乱废物,还有清除多达2万公斤的沉积物和约200公斤的氮。

雨水的收集和分配循环有三个步骤, 第一步是通过雨水管道收集过量的雨水,确保维持环境流量,然后使其通过污染物收集器,去除垃圾和严重的污染物,然后通过沉淀室去除粗颗粒沉积物。

第二步是将处理过的雨水转移到位于皇家公园McPherson Field的地下储水池中,该水池可容纳多达500万升水。

第三步是雨水将通过紫外线消毒系统



抽出,去除病原体,进入王子公园的灌溉水箱,浇灌椭圆形球场和花园。

雨水收集系统主要位于地下,而小型 紫外线泵房将毗邻皇家公园现有的水泵基础设施。

本项目施工期间,皇家公园和王子公园 的活动将会中断。

市政将征询反馈意见至8月30日。如要发表意见,请访问:



What's On: August

Community Calendar



Women's Social Soccer (FREE)

Crawford Oval 121 Princes Park Drive

Saturday afternoons 1pm to 3pm

Melbourne Social Soccer runs free social

Contact 0456 700 688 admin@melbournesocialsoccer.com



Preschool Storytime at East Melbourne Library (FREE)

27 APR - 30 NOV

Wednesdays 10.30am - 11.15am

East Melbourne Library 122 George St, East Melbourne 3002

Share the wonder of books with your preschooler at this storytime with stories, songs, rhymes and activities.

Ages 3 to 5 years; no bookings necessary. Call O3 9658 9600 for more details.

Farmers Market

Carlton North Primary School

Every Sunday. 9am - 1pm

Stalls selling fresh produce on primary school grounds.



Yarra: Stories of Melbourne's River

Old Treasury Building

20 Spring St, East Melbourne 3002

10am - 12pm | 1pm - 3pm

03 9651 2233

E: info@otb.org.au



Papua New Guinea is our Nearest Neighbour. How much do you know about this modern nation to our North?

Come to an evening with Hilda Wayne (presenter, producer, and journalist for the ABC and Radio Australia), where she will speak on the relationship between Australia and Papua New Guinea, and it's importance to us today.

Friday, August 12th, 2022 at 6.30 pm Mercy Hub

617 Nicholson Street, Carlton North, VIC 3054. Cnr of Nicholson St & Richardson St. Tram 96 from Parliament Stn/ Stop 17.





Old and Rare Wine Tastings (FREE)

Join sommelier Antony Anderson and increase your wine knowledge in a jovial environment as he opens his private cellar once a month and shares rare and old back-vintage wines, and his insights, in a never to be repeated experience.

15 JUN - 21 SEP Life's Too Short Bar - Tribeca Arcade Shop 2/412 Victoria Parade East Melbourne 3002

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Get active, meet new people and have a really great time learning to dance Bachata

15 JUN - 21 DEC

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E: hello@energiastudios.com.au

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